TOMPKINS TRUSTCO INC

Form 4

February 01, 2006

FORM 4

Check this box

if no longer

Section 16.

Form 4 or

obligations

may continue.

See Instruction

Form 5

subject to

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB Number:

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SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

| 1. Name and Address of Reporting Person * GARNER STEPHEN E | | | Symbol | 2. Issuer Name and Ticker or Trading Symbol TOMPKINS TRUSTCO INC [TMP] | | | | 5. Relationship of Reporting Person(s) to Issuer | | | |
|---|--------------------------------|--|------------------|--|------------|------------------------------|--|---|--|---|--|
| (Last) (First) (Middle) C/O TOMPKINS TRUSTCO, INC.,, PO BOX #460 | | | (Month/Day | 3. Date of Earliest Transaction (Month/Day/Year) 01/30/2006 | | | | (Check all applicable) Director 10% OwnerX Officer (give title Other (specify below) Pres & CEO Tompkins Trust Co | | | |
| ITHACA, NY | | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | |
| (City) | (State) | (Zip) | Table l | I - Non-Der | ivative Se | curiti | es Acqui | red, Disposed of, | or Beneficiall | y Owned | |
| 1.Title of Security (Instr. 3) | 2. Transaction (Month/Day/Y | Year) Ex | ecution Date, if | 3. Transactio Code (Instr. 8) | (Instr. 3, | ispose 4 and (A) or | d of (D) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | |
| Common Stock DRIP | 01/30/2006 | | | M/K | 5,923 | A | \$ 16.66 | 9,382 | D | | |
| Common Stock DRIP | 01/30/2006 | | | F/K | 2,037 | D | \$ 48.45 | 7,345 | D | | |
| Common Stock - 401K/ESOP | | | | | | | | 5,018 | D | | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transacti Code (Instr. 8) | 5. Numonof Deri Securiti Acquire (A) or Dispose (D) (Instr. 3 and 5) | vative ies ed ed of | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount Underlying Securiti (Instr. 3 and 4) | |
|---|---|---|---|---------------------------------------|---|------------------------------|--|--------------------|--|------------------------------|
| | | | | Code V | (A) | (D) | Date Exercisable | Expiration Date | Title | Amou or Numb of Sha |
| Incentive Stock Option (right to buy) | \$ 16.6 | 01/30/2006 | | M | 5,923 | | 01/01/2000 | 06/04/2009 | Common Stock | 5,92 |
| Incentive Stock Option (right to buy) | \$ 31.2 | | | | | | <u>(1)</u> | 07/24/2001 | Common Stock | 6,0; |
| Incentive Stock Option (right to buy) | \$ 35.45 | | | | | | <u>(1)</u> | 09/30/2012 | Common Stock | 7,28 |
| Incentive Stock Option (right to buy) | \$ 43.27 | | | | | | <u>(1)</u> | 05/03/2014 | Common Stock | 4,62 |
| Incentive Stock Option (right to buy) | \$ 46.63 | | | | | | (2) | 01/23/2016 | Common Stock | 6,60 |
| Non-qualified Stock Option (right to buy) | \$ 16.66 | | | | | | <u>(1)</u> | 06/04/2009 | Common Stock | 1,14 |
| Non-qualified Stock Option (right to buy) | \$ 35.45 | | | | | | <u>(1)</u> | 09/30/2012 | Common Stock | 4,81 |
| Non-qualified Stock Option (right to buy) | \$ 43.27 | | | | | | <u>(1)</u> | 05/03/2014 | Common Stock | 10,2 |
| Non-qualified Stock Option (right to buy) | \$ 46.63 | | | | | | (2) | 01/23/2016 | Common Stock | 3,40 |

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Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

GARNER STEPHEN E C/O TOMPKINS TRUSTCO, INC., PO BOX #460 ITHACA, NY 14851

Pres & CEO Tompkins Trust Co

Signatures

Stephen E Garner 02/01/2006

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The stock option becomes exercisable in four annual installments commencing two years after the date of grant.
- (2) The stock option becomes exercisable in six annual installments commencing two years after the date of grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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