TOMPKINS TRUSTCO INC

Form 4

February 22, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

OMB APPROVAL

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

January 31, 2005

0.5

Estimated average burden hours per

response...

if no longer subject to Section 16. Form 4 or Form 5

Check this box

obligations may continue. See Instruction

1. Name and Address of Reporting Person *

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

GARNER STEPHEN E		Symbol					Issuer			
			KINS TR	USTCO	INC	[TMP]	(Check all applicable)			
(First)	(Middle)	3. Date of Earliest Transaction					(Check all applicable)			
		(Month/Day/Year)				-	Director 10% Owner			
C/O TOMPKINS TRUSTCO,		02/17/2	02/17/2006							
BOX #460						·			ıst Co.	
(Street)		4. If Am	Amendment, Date Original 6. Individ		6. Individual or Joi	vidual or Joint/Group Filing(Check				
		Filed(Month/Day/Year)					Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting			
NY 14851						Ī				
(State)	(Zip)	Tab	ole I - Non-l	Derivative	Secu	rities Acqu	ired, Disposed of,	or Beneficiall	y Owned	
			3.				5. Amount of	6.	7. Nature of	
(Month/Day/Year)									Indirect Beneficial	
				3)	Owned	Ownership				
	`	,	, , ,				Following	or Indirect	(Instr. 4)	
					(A)					
					or		` '	(111801.4)		
			Code V	Amount	(D)	Price	,			
02/17/2006			M	1,150	A	\$ 16.66	1,150	D		
02/17/2006			S	1,150	D	\$ 47,0661	0	D		
						- 7.0001				
02/21/2006			M	2,000	A	\$ 35.45	2,000	D		
	(First) PKINS TRUSTO BOX #460 (Street) NY 14851 (State) 2. Transaction Dat (Month/Day/Year)	(First) (Middle) PKINS TRUSTCO, BOX #460 (Street) NY 14851 (State) (Zip) 2. Transaction Date (Month/Day/Year) Execution any (Month/E) 02/17/2006	STEPHEN E Symbol TOMP (First) (Middle) 3. Date of (Month/2) (Month/2) (Street) 4. If Am Filed(Month/2) (State) (Zip) Tale 2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year) 02/17/2006	STEPHEN E Symbol TOMPKINS TR (First) (Middle) 3. Date of Earliest T (Month/Day/Year) PKINS TRUSTCO, BOX #460 (Street) 4. If Amendment, D Filed(Month/Day/Yea NY 14851 (State) (Zip) Table I - Non-I 2. Transaction Date 2A. Deemed 3. (Month/Day/Year) Execution Date, if Transaction any Code (Month/Day/Year) (Instr. 8) Code V 02/17/2006 M 02/17/2006 S	STEPHEN E Symbol TOMPKINS TRUSTCO (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) O2/17/2006 SOX #460 (Street) 4. If Amendment, Date Origina Filed(Month/Day/Year) NY 14851 (State) (Zip) Table I - Non-Derivative 2. Transaction Date (Month/Day/Year) Execution Date, if Transactionor Disposany Code (Instr. 3, (Month/Day/Year) (Instr. 8) Code V Amount 02/17/2006 NY 14851 STEPHEN E Symbol Tomperivative A. Jenne Ment (Month/Day/Year) Table I - Non-Derivative A. Securion Date, if Transactionor Disposany Code (Instr. 3, (Month/Day/Year)) Code V Amount 02/17/2006 NY 1,150	STEPHEN E Symbol TOMPKINS TRUSTCO INC (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) PKINS TRUSTCO, 3OX #460 (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) NY 14851 (State) (Zip) Table I - Non-Derivative Secu 2. Transaction Date 2A. Deemed 3. 4. Securities A (Month/Day/Year) Execution Date, if Transactionor Disposed of any Code (Instr. 3, 4 and (Month/Day/Year) (Instr. 8) (A) or Code V Amount (D) 02/17/2006 S 1,150 D	STEPHEN E Symbol TOMPKINS TRUSTCO INC [TMP]	STEPHEN E Symbol TOMPKINS TRUSTCO INC [TMP] (Check (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) (Month/Day/Year) (Still STRUSTCO, 02/17/2006 (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, Month/Day/Year) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, Month/Day/Year) (Month/Day/Year) (Month/Day/Y	STEPHEN E Symbol TOMPKINS TRUSTCO INC [TMP] (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) O2/17/2006 A. If Amendment, Date Original Filed(Month/Day/Year) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficiall 2. Transaction Date (Month/Day/Year) Execution Date, if Transactior Disposed of (D) any (Month/Day/Year) (Instr. 3, 4 and 5) Following Applicable Line) Applicable	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exer Expiration D (Month/Day)	ate	7. Title and A Underlying S (Instr. 3 and	Securitie
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amour or Number of Shares
Non-Qualified Stock Option (right to buy)	\$ 16.66	02/17/2006		M	1,150	<u>(1)</u>	06/04/2009	Common Stock	1,15
Non-Qualified Stock Option (right to buy)	\$ 35.45	02/21/2006		M	2,000	<u>(1)</u>	09/30/2012	Common Stock	2,00

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

GARNER STEPHEN E C/O TOMPKINS TRUSTCO, INC., PO BOX #460 ITHACA, NY 14851

Pres & CEO Tompkins Trust Co.

Signatures

Stephen E
Garner

**Signature of Person

Date

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The stock option becomes exercisable in four annual installments commencing two years after the date of grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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