#### UPDIKE LAWRENCE A

Form 5

Stock -

401K/ESOP

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February 13, 2007

**OMB APPROVAL** FORM 5 **OMB** UNITED STATES SECURITIES AND EXCHANGE COMMISSION 3235-0362 Number: Washington, D.C. 20549 Check this box if January 31, Expires: no longer subject 2005 to Section 16. Estimated average ANNUAL STATEMENT OF CHANGES IN BENEFICIAL Form 4 or Form burden hours per 5 obligations OWNERSHIP OF SECURITIES response... 1.0 may continue. See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940 Form 4 Transactions Reported 1. Name and Address of Reporting Person \* 2. Issuer Name and Ticker or Trading 5. Relationship of Reporting Person(s) to Issuer UPDIKE LAWRENCE A Symbol TOMPKINS TRUSTCO INC [TMP] (Check all applicable) (First) (Middle) 3. Statement for Issuer's Fiscal Year Ended (Last) (Month/Day/Year) Director 10% Owner X \_ Officer (give title Other (specify 12/31/2006 below) below) THE COMMONS, PO BOX 460 EVP, Operations Officer (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Reporting Filed(Month/Day/Year) (check applicable line) ITHACA, NYÂ 14851 \_X\_ Form Filed by One Reporting Person Form Filed by More than One Reporting Person (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 4. Securities 5. Amount of 6. 7. Nature of Security (Month/Day/Year) Execution Date, if Transaction Acquired (A) or Securities Ownership Indirect (Instr. 3) Beneficially Form: Direct Beneficial Code Disposed of (D) (Month/Day/Year) (Instr. 3, 4 and 5) (Instr. 8) Owned at end (D) or Ownership of Issuer's Indirect (I) (Instr. 4) Fiscal Year (Instr. 4) (A) (Instr. 3 and or 4) Amount (D) Price Common Â Â Â Â Â Â Â 7,986 D Stock Common Â Â Â Â Â Â Stock -Â 24,493 D 401K/ESOP Common

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8,707

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### Edgar Filing: UPDIKE LAWRENCE A - Form 5

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 2270 (9-02)

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		vative crities critied or cosed O) r. 3,		ate	7. Title and Amount Underlying Securitie (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amour or Number of Shares
Incentive Stock Option (right to buy)	\$ 17.77	Â	Â	Â	Â	Â	(1)	08/12/2007	Common Stock	4,992
Incentive Stock Option (right to buy)	\$ 20	Â	Â	Â	Â	Â	(1)	09/14/2010	Common Stock	4,659
Incentive Stock Option (right to buy)	\$ 32.23	Â	Â	Â	Â	Â	(1)	09/30/2012	Common Stock	1,664
Incentive Stock Option (right to buy)	\$ 39.34	Â	Â	Â	Â	Â	(1)	05/03/2014	Common Stock	3,902
Incentive Stock Option (right to buy)	\$ 42.39	Â	Â	Â	Â	Â	(2)	01/23/2016	Common Stock	1,10
Non-Qualified Stock Option (right to buy)	\$ 39.34	Â	Â	Â	Â	Â	(1)	05/03/2014	Common Stock	183

## **Reporting Owners**

Reporting Owner Name / Address	Relationships						
1 8	Director	10% Owner	Officer	Other			
UPDIKE LAWRENCE A THE COMMONS	Â	Â	EVP, Operations Officer	Â			
PO BOX 460							

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#### ITHACA, NYÂ 14851

## **Signatures**

Lawrence A Updike 02/13/2007

\*\*Signature of Date
Reporting Person

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The stock option becomes exercisable in four installments commencing two years after the grant date.
- (2) The option becomes exercisable in six annual installments commencing two years after the date of grant.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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