

NU SKIN ENTERPRISES INC  
 Form 4  
 May 30, 2006

**FORM 4**

UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287  
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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
**GARN EJ JAKE**

(Last) (First) (Middle)

C/O NU SKIN ENTERPRISES,  
 INC., 75 WEST CENTER STREET

(Street)

PROVO, UT 84601

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol  
 NU SKIN ENTERPRISES INC  
 [NUS]

3. Date of Earliest Transaction  
 (Month/Day/Year)  
 05/25/2006

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director  10% Owner  
 Officer (give title below)  Other (specify below)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D)	Amount (D) Price		
Class A Common Stock					2,500 <sup>(1)</sup>	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount or Number of Shares
Stock Option (right to buy) <sup>(2)</sup>	\$ 20.875					05/04/1998 <sup>(3)</sup> 10/20/2007	Class A Common Stock 10,000
Stock Option (right to buy) <sup>(2)</sup>	\$ 28.5					05/05/1999 <sup>(3)</sup> 05/05/2008	Class A Common Stock 2,500
Stock Option (right to buy) <sup>(2)</sup>	\$ 19.4375					05/04/2000 <sup>(3)</sup> 05/04/2009	Class A Common Stock 2,500
Stock Option (right to buy) <sup>(2)</sup>	\$ 7.44					05/11/2001 <sup>(3)</sup> 05/11/2010	Class A Common Stock 7,500
Stock Option (right to buy) <sup>(2)</sup>	\$ 6.9					05/10/2002 <sup>(3)</sup> 05/10/2011	Class A Common Stock 7,500
Stock Option (right to buy) <sup>(2)</sup>	\$ 13					05/09/2003 <sup>(3)</sup> 05/09/2012	Class A Common Stock 7,500
Stock Option (right to buy) <sup>(2)</sup>	\$ 9.96					05/20/2004 <sup>(3)</sup> 05/20/2013	Class A Common Stock 10,000
Stock Option (right to buy) <sup>(2)</sup>	\$ 23.28					05/17/2005 <sup>(3)</sup> 05/17/2014	Class A Common Stock 10,000
Stock Option (right to buy) <sup>(2)</sup>	\$ 22.25					05/09/2006 <sup>(3)</sup> 05/23/2015	Class A Common Stock 10,000

Stock Option (right to buy)	\$ 17.04	05/25/2006	A	10,000	05/25/2007 <sup>(3)</sup>	05/25/2016	Class A Common Stock	10,000
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## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
GARN EJ JAKE C/O NU SKIN ENTERPRISES, INC. 75 WEST CENTER STREET PROVO, UT 84601	X			

## Signatures

D. Matthew Dorny as Attorney-in-Fact for EJ Jake Garn	05/30/2006
**Signature of Reporting Person	Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents number of shares beneficially owned as of May 25, 2006.
- (2) Previously reported.
- (3) Options become exercisable one day prior to the next annual meeting of stockholders following the date of grant. Dates listed are estimated vesting dates based on the date of the previous annual meeting of stockholders.
- (4) Not applicable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.