CHANG JOSEPH Y

Form 4

October 12, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB Number:

3235-0287 January 31, Expires: 2005

OMB APPROVAL

Estimated average burden hours per response...

0.5

if no longer subject to Section 16. Form 4 or Form 5

obligations

Check this box

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. See Instruction

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * **CHANG JOSEPH Y** Symbol

2. Issuer Name and Ticker or Trading

NU SKIN ENTERPRISES INC [NUS]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Chief Scientific Officer

(Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) 10/08/2010

Director 10% Owner X_ Officer (give title Other (specify below)

C/O NU SKIN ENTERPRISES, INC., 75 WEST CENTER STREET

(Street)

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check

Applicable Line)

Filed(Month/Day/Year)

X Form filed by One Reporting Person Form filed by More than One Reporting Person

PROVO 84601

1.Tit

(City)	(State)	uired, Disposed o	Disposed of, or Beneficially Owned				
itle of	2. Transaction Date	2A. Deemed	3.	4. Securities Acquired	5. Amount of	6.	7. Nature of
itx;	(Month/Doy/Voor)	Evacution Data if	Tropposti	or(A) or Dismosad of (D)	Canumitian	Ovvmanahim	Indinant

Security (Instr. 3)	(Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transaction Code (Instr. 8)	or(A) or Disposed of (D) (Instr. 3, 4 and 5)		Securities Beneficially Owned	Ownership Form: Direct (D) or	Indirect Beneficial Ownership	
			Code V	Amount	(A) or (D)	Price	Following Reported Transaction(s) (Instr. 3 and 4)	Indirect (I) (Instr. 4)	(Instr. 4)
Class A Common Stock	10/08/2010		M	7,500	A	\$ 12.45	110,016	D	
Class A Common Stock	10/08/2010		M	12,500	A	\$ 12	122,516	D	
Class A Common Stock	10/08/2010		M	12,500	A	\$ 9.04	135,016	D	
Class A	10/08/2010		M	17,500	A	\$ 11.5	152,516	D	

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Common Stock							
Class A Common Stock	10/08/2010	M	12,500	A	\$ 12.45	165,016	D
Class A Common Stock	10/08/2010	M	62,500 (1)	D	\$ 30	102,516	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 12.45	10/08/2010		M	7,500	<u>(2)</u>	08/31/2011	Class A Common Stock	7,500
Employee Stock Option (right to buy)	\$ 12	10/08/2010		M	12,500	(2)	09/03/2012	Class A Common Stock	12,500
Employee Stock Option (right to buy)	\$ 9.04	10/08/2010		M	12,500	<u>(2)</u>	03/10/2013	Class A Common Stock	12,500
Employee Stock Option (right to	\$ 11.5	10/08/2010		M	17,500	(2)	09/02/2013	Class A Common Stock	17,500

buy)

Employee

Stock Class A
Option \$ 12.45 10/08/2010 M 12,500 (2) 04/19/2012 Common 12,500

(right to Stock

buy)

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

CHANG JOSEPH Y

C/O NU SKIN ENTERPRISES, INC.
75 WEST CENTER STREET

Chief Scientific Officer

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Signatures

Clayton A. Jones as Attorney-in-Fact for Joseph Y.
Chang

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Sale pursuant to a 10b5-1 plan adopted by the Reporting Person.
- (2) Currently exercisable in full.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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