UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

	FORM 10-Q
(Mark One)	
X	QUARTERLY REPORT UNDER SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934
	For the quarterly period ended: September 30, 2008
0	TRANSITION REPORT UNDER SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934
	For the transition period from to
	Commission File Number: 000-17363
	LIFEWAY FOODS, INC. (Exact Name of Registrant as Specified in its Charter)
	Illinois 36-3442829 risdiction of Incorporation (I.R.S. Employer Identification No.) organization)

6431 West Oakton, Morton Grove, IL 60053 (Address of Principal Executive Offices, Zip Code)

(847-967-1010) (Registrant's Telephone Number, Including Area Code)

Indicate by check mark whether the registrant (1) filed all reports required to be filed by Section 13 or 15(d) of the Securities Exchange Act of 1934 during the past 12 months (or for such shorter period that the registrant was required to file such reports), and (2) has been subject to such filing requirements for the past 90 days. Yes x No o

Indicate by check mark whether the registrant is a large accelerated filer, an accelerated filer, or a non-accelerated filer or a smaller reporting company. See definition of "large accelerated filer", "accelerated filer" and "smaller reporting company" in Rule 12b-2 of the Exchange Act. (Check one):

Indicate by check mark whether the registrant is a shell company (as defined in Rule 12b-2 of the Exchange Act). Yes o No x

As of September 30, 2008, the issuer had 16,730,226 shares of common stock, no par value, outstanding.

LIFEWAY FOODS, INC.

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LIFEWAY FOODS, INC. AND SUBSIDIARIES CONSOLIDATED FINANCIAL STATEMENTS

SEPTEMBER 30, 2008 and 2007

AND DECEMBER 31, 2007

LIFEWAY FOODS, INC. AND SUBSIDIARIES

Consoldiated Statements of Financial Condition September 30, 2008 and 2007 (Unaudited) and December 31, 2007

ASSETS			•	December 31, 2007		
A00L10						
Current assets						
Cash and cash equivalents	\$	530,866	\$	1,624,566	\$	595,885
Marketable securities		5,668,940		6,557,841		6,989,474
Inventories		4,207,094		4,061,189		3,506,554
Accounts receivable, net of allowance for doubtful accounts of \$35,011 and \$39,460 at September 30, 2008 and 2007 and						
\$39,460 at December 31, 2007		5,161,414		4,845,956		4,209,662
Prepaid expenses and other current assets		20,864		13,051		21,253
Other receivables		28,918		45,810		43,111
Deferred income taxes		909,479		225,803		311,960
Refundable income taxes				125,763		240,880
Total current assets		16,527,575		17,499,979		15,918,779
Property and equipment, net		10,989,500		9,176,479		9,678,948
Intangible assets						
Goodwill		5,414,858		3,952,425		5,414,858
Other intangible assets, net of accumulated amortization of						
\$841,561 and \$520,979 at September 30, 2008 and 2007 and						
\$601,976 at December 31, 2007		3,016,077		3,342,517		3,255,662
Total intangible assets		8,430,935		7,294,942		8,670,520
Other assets		500,000		500,000		500,000
Total assets	\$	36,448,010	\$	34,471,400	\$	34,768,247
LIABILITIES AND STOCKHOLDERS' EQUITY						
-						
Current liabilities						
Current maturities of notes payable	\$	1,125,608	\$	1,434,903	\$	1,136,126
Accounts payable		2,361,318		1,865,041		1,594,330
Accrued expenses		532,662		441,068		414,039
Margin payable		428,951		_	_	
Accrued income taxes		308,260			_	
Total current liabilities		4,756,799		3,741,012		3,144,495
Notes payable		3,219,338		4,424,266		4,096,797
Deferred income taxes		1,615,421		510,000		1,712,795

Stockholders' equity

Common stock, no par value; 20,000,000 shares authorized; 17,273,776 shares issued; 16,730,226 shares outstanding at September 30, 2008; 17,273,776 shares issued; 16,825,626 shares outstanding at September 30, 2007; and 17,273,776 shares issues; 16,897,726 shares outstanding at December 31, 2007 6,509,267 6,509,267 6,509,267 Paid-in-capital 1,175,539 1,103,630 1,120,669 Treasury stock, at cost (2,078,165)(3,207,213)(2,081,915)Retained earnings 23,126,672 20,318,323 20,471,432 Accumulated other comprehensive income (loss), net of taxes (747,813) (209,043) (53,183)Total stockholders' equity 26,856,452 25,796,122 25,814,160 Total liabilities and stockholders' equity \$ 36,448,010 \$ 34,471,400 \$ 34,768,247

See accompanying notes to financial statements

LIFEWAY FOODS, INC. AND SUBSIDIARIES

Consoldiated Statements of Income and Comprehensive Income For the Three and Nine Months Ended September 30, 2008 and 2007 (Unaudited) and the Year Ended December 31, 2007

	(Unaudited) Three Months Ended September 30,				(Unaudited) Nine Months Ended September 30,				Year Ended December 31,		
	2008			2007		2008		2007		2007	
Sales	\$ 11,240,282	\$	3	9,817,478	\$	33,885,912	\$	28,554,984	\$	38,729,156	
Cost of goods sold Depreciation expense	7,505,794 197,366			6,901,471 195,348		22,403,574 581,920		17,885,885 546,945		25,582,981 726,647	
Total cost of goods sold	7,703,160			7,096,819		22,985,494		18,432,830		26,309,628	
Gross profit	3,537,122			2,720,659		10,900,418		10,122,154		12,419,528	
Selling Expenses General and	957,978			1,174,140		3,171,269		2,856,483		3,744,388	
Administrative	1,032,043			916,893		3,109,506		2,879,582		3,914,825	
Amortization expense	79,862			48,583		239,585		242,269		323,266	
Total Operating Expenses	2,069,883			2,139,616		6,520,360		5,978,334		7,982,479	
Income from operations	1,467,239			581,043		4,380,058		4,143,820		4,437,049	
Other income (expense): Interest and dividend											
income	95,042			84,918		261,037		249,082		350,286	
Rental Income	13,647			9,731		36,940		27,912		48,305	
Interest expense Impairment of marketable	(71,928)			(102,197)		(226,851)		(321,009)		(410,180)	
securities Gain (loss) on sale of	(270,908)			_	_	(270,908)					
marketable securities, net Total other income	(110,259)			209,207		(146,404)		663,538		539,739	
(Expense)	(344,406)			201,659		(346,186)		619,523		528,150	
Income before provision for											
income taxes	1,122,833			782,702		4,033,872		4,763,343		4,965,199	
Provision for income taxes	267,917			314,508		1,378,632		1,763,792		1,812,539	
unes	201,911			517,500		1,570,052		1,103,172		1,012,339	
Net income	\$ 854,916	\$	6	468,194	\$	2,655,240	\$	2,999,551	\$	3,152,660	
	0.05			0.03		0.16		0.18		0.19	

Basic and diluted earnings per common share								
Weighted average number of shares outstanding		16,730,526		16,824,911		16,772,280	16,865,390	16,855,611
COMPREHENSIVE INCOME								
Net income	\$	854,916	\$	468,194	\$	2,655,240	\$ 2,999,551	\$ 3,152,660
Other comprehensive income (loss), net of tax: Unrealized gains (losses) on marketable securities								
(net of tax benefits) Less reclassification adjustment for (gains) losses included in net		(480,045)		(57,187)		(895,641)	181,647	(47,091)
income (net of taxes)		64,746		(123,372)		85,963	(388,600)	(315,721)
Comprehensive income	\$	439,617	\$	287,635	\$	1,845,562	\$ 2,792,598	\$ 2,789,848
See accompanying notes to financial statements								

LIFEWAY FOODS, INC. AND SUBSIDIARIES

Consoldiated Statements of Changes in Stockholders' Equity For the Nine Months Ended September 30, 2008 (Unaudited) and the Year Ended December 31, 2007

		tock, No Par llue	#					Accumulated
	20,000,000 S Authorized	Shares	of Shares of					Other Comprehensive Income
	# of Shares Issued	# of Shares Outstanding	Treasury Stock	Common Stock	Paid In Capital	Treasury Stock	Retained Earnings	(Loss), Net of Tax
Balances at December 31, 2006	17,273,776	16,897,826	375,950	6,509,267	1,080,911	(1,334,313)	17,318,77	2 153,770
Redemption of stock	-	— (75,000)	75,000	_		- (752,603)		
Issuance of treasury stock for compensation	-	4,900	(4,900)	_	- 39,758	8,751		
Other comprehensive income (loss): Unrealized losses on securities, net of taxes and reclassification adjustment	-							— (362,813)
Net income for the year ended December 31, 2007	-					_	3,152,66	50 —
Balances at December 31, 2007	17,273,776	16,827,726	446,050	6,509,267	1,120,669	(2,078,165)	20,471,43	22 (209,043)
Redemption of stock	-	— (100,000)	100,000	_		(- 1,139,987)		
	-	2,500	(2,500)	_	- 54,870	10,939		

Issuance of treasury stock for compensation Other comprehensive income (loss): Unrealized gains on securities, net of taxes and reclassification adjustment — (538,770) Net income for the nine months ended September 30, 2008 - 2,655,240 Balances at September 30, 2008 16,730,226 543,550 \$6,509,267 \$1,175,539 \$(3,207,213) \$23,126,672 \$ (747,813) \$ 17,273,776

See accompanying notes to financial statements

LIFEWAY FOODS, INC. AND SUBSIDIARIES

Consoldiated Statements of Cash Flows
For the Nine Months Ended September 30, 2008 and 2007 (Unaudited)
and the Year Ended December 31, 2007

	(Unaudited) Nine Months Ended September 30, 2008 2007			December 31, 2007		
Cash flows from operating activities:						
Net income	\$	2,655,240	\$	2,999,551	\$	3,152,660
Adjustments to reconcile net income to net cash flows from						
operating activities, net of acquisition:						
Depreciation and amortization		821,505		789,215		1,049,913
(Gain)Loss on sale of marketable securities, net		146,404		(663,538)		(539,739)
Impairment of marketable securities		270,908		_	-	
Deferred income taxes		(125,221)		12,419		(223,717)
Treasury stock issued for compensation		65,809		27,720		48,509
Increase (decrease) in allowance for doubtful accounts		(4,449)		(40,540)		(40,540)
(Increase) decrease in operating assets:						
Accounts receivable		(947,303)		(862,699)		(226,405)
Other receivables		14,193		25,240		27,939
Inventories		(700,540)		(1,538,993)		(984,358)
Refundable income taxes		240,880		142,008		26,891
Prepaid expenses and other current assets		665		(1,068)		(9,270)
Increase (decrease) in operating liabilities:						
Accounts payable		766,988		402,027		131,316
Accrued expenses		118,650		(44,891)		(66,062)
Accrued income taxes		308,260		_	-	
Net cash provided by operating activities		3,631,989		1,246,451		2,347,137
Cash flows from investing activities:						
Investment in cost method securities			_	(500,000)		(500,000)
Purchases of marketable securities		(4,864,873)		(4,408,170)		(5,744,697)
Sale of marketable securities		4,659,350		6,652,670		7,168,246
Increase in margin payable		428,951		_	-	
Purchases of property and equipment		(1,892,472)		(1,142,709)		(1,824,879)
Net cash used in investing activities		(1,669,044)		601,791		(901,330)
Cash flows from financing activities:						
Proceeds of note payable		_	-	300,000		300,000
Purchases of treasury stock, net		(1,139,987)		(752,603)		(752,603)
Repayment of notes payable		(887,977)		(1,318,885)		(1,945,131)
Net cash used in financing activities		(2,027,964)		(1,771,488)		(2,397,734)
Net decrease in cash and cash equivalents		(65,019)		76,754		(951,927)
Cash and cash equivalents at the beginning of the period		595,885		1,547,812		1,547,812
Cash and cash equivalents at the end of the period	\$	530,866	\$	1,624,566	\$	595,885

See accompanying notes to financial statements

LIFEWAY FOODS, INC. AND SUBSIDIARIES Notes to Consolidated Financial Statements September 30, 2008 and 2007

and December 31, 2007

Note 1 – NATURE OF BUSINESS

Lifeway Foods, Inc. (the "Company") commenced operations in February 1986 and incorporated under the laws of the state of Illinois on May 19, 1986. The Company's principal business activity is the production of dairy products. Specifically, the Company produces Kefir, a drinkable product which is similar to but distinct from yogurt, in several flavors sold under the name "Lifeway's Kefir;" a plain farmer's cheese sold under the name "Lifeway's Farmer's Cheese;" a fruit sugar-flavored product similar in consistency to cream cheese sold under the name of "Sweet Kiss;" and a dairy beverage, similar to Kefir, with increased protein and calcium, sold under the name "Basics Plus." The Company also produces several soy-based products under the name "Soy Treat" and a vegetable-based seasoning under the name "Golden Zesta." The Company currently distributes its products throughout the Chicago Metropolitan area and various cities in the East Coast through local food stores. In addition, the products are sold throughout the United States and Ontario, Canada by distributors. The Company also distributes some of its products to Eastern Europe.

Note 2 – SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

A summary of the significant accounting policies applied in the preparation of the accompanying financial statements follows:

Principles of consolidation

The consolidated financial statements include the accounts of the Company and its wholly-owned subsidiaries, LFI Enterprises, Inc., Helios Nutrition, Ltd., Pride of Main Street, L.L.C. and Starfruit, L.L.C. All significant intercompany accounts and transactions have been eliminated.

Use of estimates

The preparation of financial statements in conformity with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and reported amounts of revenues and expenses during the reporting period. Actual results could differ from those estimates. Significant estimates made in preparing the consolidated financial statements include the allowance for doubtful accounts, the valuation of goodwill, intangible assets and deferred taxes.

Revenue Recognition

Sales represent sales of Company produced dairy products that are recorded at the time of shipment and the following four criteria have been met: (i) The product has been shipped and the Company has no significant remaining obligations; (ii) Persuasive evidence of an agreement exists; (iii) The price to the buyer is fixed or determinable and (iv) Collection is probable. In addition, shipping costs invoiced to the customers are included in net sales and the related cost in cost of sales.

Cash and cash equivalents

All highly liquid investments purchased with an original maturity of three months or less are considered to be cash equivalents.

The Company maintains cash deposits at several institutions located in the greater Chicago, Illinois and Philadelphia, Pennsylvania metropolitan areas. Deposits at each institution are insured up to \$100,000 by the Federal Deposit Insurance Corporation or the Securities Investor Protector Corporation.

LIFEWAY FOODS, INC. AND SUBSIDIARIES

Notes to Consolidated Financial Statements September 30, 2008 and 2007 and December 31, 2007

Note 2 – SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES - Continued

Bank balances of amounts reported by financial institutions are categorized as follows:

	September 30,				December 31,		
		2008		2007		2007	
Amounts insured	\$	138,913	\$	251,315	\$	576,563	
Uninsured and uncollateralized amounts		846,239		1,992,169		523,295	
Total bank balances	\$	985,152	\$	2,243,484	\$	1,099,858	

Marketable securities

All investment securities are classified either as available-for-sale or trading, and are carried at fair value or quoted market prices. Unrealized gains and on available-for-sale securities losses are reported as a separate component of stockholders' equity. Amortization, accretion, interest and dividends, realized gains and losses, and declines in value judged to be other-than-temporary on available-for-sale securities are recorded in other income. Statement of Financial Accounting Standards No. 115, Accounting for Certain Investments in Debt and Equity Securities, Securities and Exchange Commission (SEC) Staff Accounting Bulletin (SAB) 59, Accounting for Noncurrent Marketable Equity Securities, and FASB Staff Position 115-1 and 124-1 The Meaning of Other-than-temporary Impairment and its Application to Certain Investments, provide guidance on determining when an investment is other-than-temporarily impaired. This evaluation depends on the specific facts and circumstances. Factors that we consider in determining whether an other-than-temporary decline in value has occurred include: the market value of the security in relation to its cost basis; the financial condition of the investee; and the intent and ability to retain the investment for a sufficient period of time to allow for possible recovery in the market value of the investment.

Accounts receivable

Credit terms are extended to customers in the normal course of business. The Company performs ongoing credit evaluations of its customers' financial condition and generally requires no collateral.

Accounts receivable are recorded at invoice amounts, and reduced to their estimated net realizable value by recognition of an allowance for doubtful accounts. The Company's estimate of the allowance for doubtful accounts is based upon historical experience, its evaluation of the current status of specific receivables, and unusual circumstances, if any. Accounts are considered past due if payment is not made on a timely basis in accordance with the Company's credit terms. Accounts considered uncollectible are charged against the allowance.

Inventories

Inventories are stated at the lower of cost or market, cost being determined by the first-in, first-out method.

Property and equipment

Property and equipment are stated at depreciated cost or fair value where depreciated cost is not recoverable. Depreciation is computed using the straight-line method. When assets are retired or otherwise disposed of, the cost and related accumulated depreciation are removed from the accounts, and any resulting gain or loss is recognized in income for the period. The cost of maintenance and repairs is charged to income as incurred; significant

renewals and betterments are capitalized.

LIFEWAY FOODS, INC. AND SUBSIDIARIES

Notes to Consolidated Financial Statements September 30, 2008 and 2007 and December 31, 2007

Note 2 – SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES – Continued

Property and equipment are being depreciated over the following useful lives:

Category	Years
Buildings and improvements	31 and 39
Machinery and equipment	5 – 12
Office equipment	5 – 7
Vehicles	5

Intangible assets

The Company accounts for intangible assets at historical cost. Intangible assets acquired in a business combination are recorded under the purchase method of accounting at their estimated fair values at the date of acquisition. Goodwill represents the excess purchase price over the fair value of the net tangible and other intangible assets acquired. Goodwill is not amortized and is reviewed for impairment at least annually. The Company amortizes other intangible assets over their estimated useful lives, as disclosed in the table below.

The Company reviews intangible assets and their related useful lives at least once a year to determine if any adverse conditions exist that would indicate the carrying value of these assets may not be recoverable. The Company conducts more frequent impairment assessments if certain conditions exist, including: a change in the competitive landscape, any internal decisions to pursue new or different strategies, a loss of a significant customer, or a significant change in the market place including changes in the prices paid for the Company's products or changes in the size of the market for the Company's products.

If the estimate of an intangible asset's remaining useful life is changed, the remaining carrying amount of the intangible asset is amortized prospectively over the revised remaining useful life.

Intangible assets are being amortized over the following useful lives:

Category	Years
Recipes	4
Customer lists and other customer	
related intangibles	15
Lease agreement	7
Trade names	15
Formula	10
Customer relationships	12

LIFEWAY FOODS, INC. AND SUBSIDIARIES

Notes to Consolidated Financial Statements September 30, 2008 and 2007 and December 31, 2007

Note 2 – SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES – Continued

Income taxes

Deferred income taxes arise from temporary differences resulting from income and expense items reported for financial accounting and tax purposes in different periods. Deferred taxes are classified as current or non-current, depending on the classification of the assets and liabilities to which they relate. Deferred taxes arising from temporary differences that are not related to an asset or liability are classified as current or non-current depending on the periods in which the temporary differences are expected to reverse.

The principal sources of temporary differences are different depreciation and amortization methods for financial statement and tax purposes, unrealized gains or losses related to marketable securities, capitalization of indirect costs for tax purposes, and the recognition of an allowance for doubtful accounts for financial statement purposes.

As of January 1, 2007, the Company adopted FASB Interpretation No. 48, "Accounting for Uncertainty in Income Taxes — an interpretation of FASB Statement No. 109" (FIN 48), which clarifies the accounting and disclosure for uncertainty in tax positions, as defined. Pursuant to FIN 48, the Company has analyzed filing positions in all of the federal and state jurisdictions where it is required to file income tax returns, as well as all open tax years in these jurisdictions. The only periods subject to examination for the Company's federal return are the 2003 through 2006 tax years. The Company believes that its income tax filing positions and deductions would be sustained on audit and does not anticipate any adjustments that would result in a material change to its financial position. Therefore, no reserves for uncertain income tax positions have been recorded pursuant to FIN 48. In addition, the Company did not record a cumulative effect adjustment related to the adoption of FIN 48.

The Company's policy for recording interest and penalties associated with audits is to record such items as a component of income before taxes. There were no such items during the periods covered in this report.

Treasury stock

Treasury stock is recorded using the cost method.

Advertising costs

The Company expenses advertising costs as incurred. During the year ended December 31, 2007 and for the nine months ended September 30, 2008 and 2007, approximately \$1,642,114, \$1,241,442 and \$1,356,850 of such costs respectively, were expensed.

Earning per common share

Earnings per common share were computed by dividing net income available to common stockholders by the weighted average number of common shares outstanding during the period. For the nine months ended September 30, 2008 and 2007 and the year ended December 31, 2007, diluted and basic earnings per share were the same, as the effect of dilutive securities options outstanding was not significant.

Reclassification

Certain 2007 amounts have been reclassified to conform to the 2008 presentation.

LIFEWAY FOODS, INC. AND SUBSIDIARIES

Notes to Consolidated Financial Statements September 30, 2008 and 2007 and December 31, 2007

Note 3 – INTANGIBLE ASSETS

Intangible assets, and the related accumulated amortization, consist of the following:

September	r 30, 2008	Septembe	r 30, 2007	December 31, 2007		
	Accumulated		Accumulated		Accumulated	
Cost	Amortization	Cost	Amortization	Cost	Amortization	
43,600	\$ 42,009 \$	43,600	\$ 34,517 \$	43,600	\$ 37,242	
305,200	172,583	305,200	131,163	305,200	141,518	
87,200	51,904	87,200	39,448	87,200	42,562	
6,638	4,317	12,496	2,987	6,638	3,319	
985,000	177,848	985,000	95,764	985,000	116,285	
12,000	12,000	12,000	12,000	12,000	12,000	
1,980,000	286,000	1,980,000	154,000	1,980,000	187,000	
438,000	94,900	438,000	51,100	438,000	62,050	
3,857,638	\$ 841,561 \$	3,863,496	\$ 520,979 \$	3 857 638	\$ 601,976	
	Cost 43,600 305,200 87,200 6,638 985,000 12,000 1,980,000 438,000	Cost Amortization 43,600 \$ 42,009 \$ 305,200 172,583 87,200 51,904 6,638 4,317 985,000 177,848 12,000 1,980,000 286,000 438,000 94,900	Accumulated Cost Amortization Cost 43,600 \$ 42,009 \$ 43,600 \$ 305,200 \$ 172,583 \$ 305,200 \$ 87,200 \$ 51,904 \$ 87,200 \$ 6,638 \$ 4,317 \$ 12,496 \$ 985,000 \$ 12,000 \$ 12,000 \$ 1,980,000 \$ 286,000 \$ 1,980,000 \$ 438,000 \$ 94,900 \$ 438,000	Accumulated Accumulated Ascumulated A3,600 \$ 42,009 \$ 43,600 \$ 34,517 \$ 305,200 172,583 305,200 131,163 87,200 51,904 87,200 39,448 6,638 4,317 12,496 2,987 985,000 177,848 985,000 95,764 12,000 12,000 12,000 12,000 1,980,000 286,000 1,980,000 154,000 438,000 94,900 438,000 51,100	Cost Amortization 43,600 Accumulated Amortization Cost Amortization 5 (Cost 43,600) Accumulated Amortization 5 (Cost 43,600) Accumulated Amortization 5 (Cost 43,600) Cost Amortization 5 (Cost 43,600) 305,200 172,583 305,200 131,163 305,200 87,200 51,904 87,200 39,448 87,200 6,638 4,317 12,496 2,987 6,638 985,000 177,848 985,000 95,764 985,000 12,000 12,000 12,000 12,000 12,000 1,980,000 286,000 1,980,000 154,000 1,980,000 438,000 94,900 438,000 51,100 438,000	

Amortization expense is expected to be as follows for the 12 months ending September 30:

2009	\$ 313,225
2010	312,756
2011	300,964
2012	285,133
2013	257,883
Thereafter	1,546,116
	\$ 3,016,077

Amortization expense during the nine months September 30, 2008 and 2007 and for the year ended December 31, 2007 was \$239,585, \$242,269 and \$323,266, respectively.

LIFEWAY FOODS, INC. AND SUBSIDIARIES

Notes to Consolidated Financial Statements September 30, 2008 and 2007 and December 31, 2007

Note 4 – MARKETABLE SECURITIES

The cost and fair value of marketable securities classified as available for sale and trading are as follows:

September 30, 2008		Cost	Į	Jnrealized Gains	Į	Jnrealized Losses		Fair Value
Equities Mutual Funds Preferred Securities Corporate Bonds	\$	3,077,340 940,322 1,714,758 917,990	\$	55,002 	\$	(639,374) (287,919) (509,150) (75,144)	\$	2,492,968 652,403 1,205,608 842,846
Municipal Bonds		4,586		374		(73,144)		4,960
Government agency Obligations		478,507		_	_	(8,352)		470,155
Total	\$	7,133,503	\$	55,376	\$	(1,519,939)	\$	5,668,940
			U	nrealized	τ	Inrealized		Fair
September 30, 2007		Cost		Gains		Losses		Value
Equities	\$	2,323,985	\$	318,165	\$	(168,993)	\$	2,473,157
Mutual Funds		1,146,517		10,889		(67,705)		1,089,701
Preferred Securities		1,417,978		6,570		(84,438)		1,340,110
Certificates of Deposit		75,000			_	(395)		74,605
Corporate Bonds		1,580,768		971		(105,851)		1,475,888
Municipal Bonds		4,586		187				4,773
Government agency	¢.	100,000	ф	226.792	- Ф	(393)	φ	99,607
Total	\$	6,648,834	\$	336,782	\$	(427,775)	\$	6,557,841
			Ţ	Unrealized	Ţ	Unrealized		Fair
December 31, 2007		Cost		Gains		Losses		Value
Equities	\$	3,037,507	\$	331,776	\$	(309,014)	\$	3,060,269
Mutual Funds		946,357		4,978		(104,529)		846,806
Preferred Securities		1,776,750		40,020		(241,726)		1,575,044
Corporate Bonds		1,480,433		1,556		(79,433)		1,402,556
Municipal Bonds		4,586		253				4,839
Government agency Obligations		100,000		_	_	(40)		99,960
Total	\$	7,345,633	\$	378,583	\$	(734,742)	\$	6,989,474

Proceeds from the sale of marketable securities were \$7,168,246, \$4,659,350 and \$6,652,670 during the year ended December 31, 2007 and for the nine months ended September 30, 2008 and 2007, respectively.

LIFEWAY FOODS, INC. AND SUBSIDIARIES

Notes to Consolidated Financial Statements September 30, 2008 and 2007 and December 31, 2007

Note 4 - MARKETABLE SECURITIES - Continued

Gross gains of \$876,527, \$376,751, and \$665,067 and gross losses of \$336,788, \$523,155, and \$1,529 were realized on these sales during the year ended December 31, 2007 and for the nine months ended September 30, 2008 and 2007, respectively.

The following table shows the gross unrealized losses and fair value of Company's investments with unrealized losses that are not deemed to be other-than-temporarily impaired, aggregated by investment category and length of time that individual securities have been in a continuous unrealized loss position, at September 30, 2008:

	Less Than 12 Months		12 Months	or Greater	Total		
Description of		Unrealized		Unrealized		Unrealized	
Securities	Fair Value	Losses	Fair Value	Losses	Fair Value	Losses	
Equities	\$ 1,588,687	\$ (496,916)	\$ 309,164	\$ (142,458)	\$ 1.897.851	\$ (639,374)	
Mutual Funds	255,835	(28,923)	253,461	(258,996)	509,296	(287,919)	
Preferred Securities	463,578	(60,188)	660,720	(448,962)	1,124,298	(509,150)	
Corporate Bonds	474,208	(34,858)	351,468	(40,286)	825,676	(75,144)	
Government							
Agency Obligations	470,155	(8,352)	_		- 470,155	(8,352)	
						(
	\$ 3,252,463	\$ (629,237)	\$ 1,574,813	\$ (890,702)	\$ 4,827,276	\$ 1,519,939)	

During the third quarter of 2008, we recorded other than temporary impairments related to investment in marketable securities in certain equity and corporate bonds of \$270,908. The impairments recognized during the third quarter of 2008 related to securities that were in an unrealized loss position at the balance sheet date that have subsequently been sold and equity and corporate bonds that we consider other than temporarily impaired due to the recent performance of the issuers of those securities.

Equities, Mutual Funds, Corporate Bonds and Government Agency Obligations - The Company's investments in equity securities, mutual funds and corporate bonds consist of investments in common stock and debt securities of companies in various industries. The Company evaluated the near-term prospects of the issuer in relation to the severity and duration of the impairment. Based on that evaluation and the Company's ability and intent to hold these investments for a reasonable period of time sufficient for a forecasted recovery of fair value, other than the impairment noted in the preceding paragraph, the Company does not consider any material investments to be other-than-temporarily impaired at September 30, 2008.

Preferred Securities - The Company's investments in preferred securities consist of investments in preferred stock of companies in various industries. The Company evaluated the near-term prospects of the security in relation to the severity and duration of the impairment. Based on that evaluation and the Company's ability and intent to hold these investments for a reasonable period of time sufficient for a forecasted recovery of fair value, the Company does not consider any material investments to be other-than-temporarily impaired at September 30, 2008.

LIFEWAY FOODS, INC. AND SUBSIDIARIES

Notes to Consolidated Financial Statements September 30, 2008 and 2007 and December 31, 2007

Note 5 – INVENTORIES

Inventories consist of the following:

	September 30,					December 31,	
	2008		2007		2007		
Finished goods	\$	1,375,304	\$	1,835,452	\$	1,296,985	
Production supplies		1,604,106		1,318,991		1,383,384	
Raw materials		1,227,684		906,746		826,185	
Total inventories	\$	4,207,094	\$	4,061,189	\$	3,506,554	

Note 6 – PROPERTY AND EQUIPMENT

Property and equipment consist of the following:

	September 30,				D	December 31		
		2008		2007		2007		
Land	\$	969,232	\$	969,232	\$	969,232		
Buildings and improvements		7,102,608		6,813,045		6,743,647		
Machinery and equipment								