TECO ENERGY INC

Check this box

if no longer

subject to

Section 16.

Form 4 or

Form 4

November 22, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

3235-0287

Expires:

January 31, 2005

0.5

Estimated average

OMB APPROVAL

burden hours per response...

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * MCDEVITT SHEILA M			2. Issuer Name and Ticker or Trading Symbol TECO ENERGY INC ITEL	5. Relationship of Reporting Person(s) to Issuer		
			TECO ENERGY INC [TE]	(Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction			
			(Month/Day/Year)	Director 10% Owner		
C/O TECO E BOX 111	NERGY, I	NC., P. O.	11/20/2006	X Officer (give title Other (specify below) Sr. VP - General Counsel		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person		
TAMPA, FL	33601-011	1		Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tab	le I - Non-l	Derivative	Secur	ities Acqui	ired, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securit our Dispos (Instr. 3, 4	ed of (4 and 5 (A)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Stock	11/20/2006		M	15,909	A	11.085	79,434.844	D	
Common Stock	11/20/2006		M	23,081	A	\$ 13.5	102,515.844	D	
Common Stock	11/20/2006		S	22,600	D	\$ 16.8	79,915.844	D	
Common Stock	11/20/2006		S	700	D	\$ 16.84	79,215.844	D	
Common Stock	11/20/2006		S	3,600	D	\$ 16.85	70,325.844	D	

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Common Stock	11/20/2006	S	5,290	D	\$ 16.86	73,925.844	D	
Common Stock	11/20/2006	S	2,200	D	\$ 16.88	68,125.844	D	
Common Stock	11/20/2006	S	4,400	D	\$ 16.9	63,725.844	D	
Common Stock	11/20/2006	S	200	D	\$ 16.92	63,525.844	D	
Common Stock						2,980.913	I	By ESOP

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Empl Stk Opt (Right to Buy)	\$ 11.085	11/20/2006		M	15,909	<u>(1)</u>	04/20/2013	Common Stock	15,909
Empl Stk Opt (Right to Buy)	\$ 13.5	11/20/2006		M	23,081	(2)	04/27/2014	Common Stock	23,081

Reporting Owners

Reporting Owner Name / Address				
	Director	10% Owner	Officer	Other
MCDEVITT SHEILA M C/O TECO ENERGY, INC.			Sr. VP - General Counsel	

Reporting Owners 2

P. O. BOX 111 TAMPA, FL 33601-0111

Signatures

David E. Schwartz, by Power of Attorney 11/22/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The option vested in three equal annual installments beginning on April 21, 2004.
- (2) The option vested in three equal annual installments beginning on April 28, 2005

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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