

J2 GLOBAL COMMUNICATIONS INC  
 Form 4  
 September 01, 2011

**FORM 4** UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287  
 Expires: January 31, 2015  
 Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
**RESSLER RICHARD S**

2. Issuer Name and Ticker or Trading Symbol  
**J2 GLOBAL COMMUNICATIONS INC [JCOM]**

5. Relationship of Reporting Person(s) to Issuer  
 (Check all applicable)

(Last) (First) (Middle)  
**6922 HOLLYWOOD BLVD., 5TH FLOOR**  
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)  
**08/30/2011**

Director  10% Owner  
 Officer (give title below)  Other (specify below)

**LOS ANGELES, CA 90028**

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock \$0.01 Par Value	08/30/2011		M <sup>(1)</sup>		375,000	A	\$ 0.94
					1,399,703	D	<sup>(2)</sup>
Common Stock \$0.01 Par Value	08/30/2011		M <sup>(1)</sup>		375,000	A	\$ 0.94
					1,774,703	D	<sup>(2)</sup>
Common Stock \$0.01 Par	08/30/2011		M <sup>(1)</sup>		37,500	A	\$ 0.94
					1,812,203	D	<sup>(2)</sup>

Value

Common  
Stock  
\$0.01 Par  
Value

08/30/2011

M<sup>(1)</sup>

43,333

A

\$  
1.03

1,855,536 <sup>(2)</sup> D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

SEC 1474  
(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount of Number of Shares
Options to Purchase Common Stock	\$ 0.94	08/30/2011		M	375,000	<sup>(3)</sup> 12/28/2011	Common Stock \$0.01 Par Value 375,000
Options to Purchase Common Stock	\$ 0.94	08/30/2011		M	375,000	<sup>(3)</sup> 12/28/2011	Common Stock \$0.01 Par Value 375,000
Options to Purchase Common Stock	\$ 0.94	08/30/2011		M	37,500	<sup>(3)</sup> 12/28/2011	Common Stock \$0.01 Par Value 37,500
Options to Purchase Common Stock	\$ 1.03	08/30/2011		M	43,333	<sup>(4)</sup> 12/28/2011	Common Stock \$0.01 Par Value 43,333

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
RESSLER RICHARD S 6922 HOLLYWOOD BLVD. 5TH FLOOR LOS ANGELES, CA 90028		X		

## Signatures

/s/ Richard S. Ressler	08/31/2011
**Signature of Reporting Person	Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were acquired upon exercise of stock options under Issuer's Amended and Restated 1997 Stock Option Plan identified as exercised in Part II of this Form 4.
- (2) Includes 25,124 shares of restricted stock which remain subject to vesting.
- (3) The Stock Options vest in five (5) equal annual installments commencing December 28, 2001.
- (4) The stock options vest in five (5) equal annual installments commencing December 28, 2002.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.