TRUSTCO BANK CORP N Y

Form 4 May 02, 2003

U.S. SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 4

S	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(f) of the Investment Company Act of 1940 [_] Check box if no longer subject of Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).							
1.	Name and Address of	Reporting Person 1	-					
	McCormick	Robert	А					
	(Last) c/o Trustco Bank	(First) 5 Sarno	(Mid wski Dri	dle) ve				
		(Street						
	Glenville	NY		12302				
	(City)	(State)		(Zip)				
2. Issuer Name and Ticker or Trading Symbol								
	TrustCo Bank Corp NY (TRST)							
3.	IRS Identification Number of Reporting Person, if an Entity (Voluntary)							
4.	. Statement for Month/day/Year							
	May 01,2003							
5.	5. If Amendment, Date of Original (Month/Year)							
6.	. Relationship of Reporting Person to Issuer (Check all applicable)							
	<pre>[X] Director [] Officer (give t</pre>	itle below)		10% Owner Other (specify below) CHAIRMAN				
7.	Individual or Joint/ [X] Form filed by o [_] Form filed by m	ne Reporting Perso	n					

Table I Non	-Derivative Second or Benefic	curities Acqui cially Owned	red, Disposed	of,	======	
	2. Transaction		4. Securities Ac Disposed of ((Instr. 3, 4	D) and 5)		5. Amount of Securities Beneficiall Owned at En
_	Date (Month/Day/ Year)	(Instr. 8) 	- Amount	(A) or (D)	Price	of Month (Instr. 3 and 4)
Common Stock		G	250	D		1,627,638
		Page	e 1 of 2			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the Form is filed by more than one Reporting Person, see Instruction $4\left(b\right)\left(v\right)$.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(Over) SEC 1474 (3-99)

FORM 4 (continued)

Table II -- Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

(e.g., pacs, carrs, warrants, operons, convertible securities)

	2.								
	Conver-			5.			7.		
	sion Number of				Title and Amount				
	or			Derivative	rative 6.		of Underlying		
	Exer-		4.			Date		Securities	
	cise	3.	Trans-			ble and	(Instr. 3 and 4)		
	Price	Trans-	action	or Disposed	Expiration Date				
1.	of action		Code	of(D)	(Month/Day/Year)			Amount	
Title of	Deriv-	Date	(Instr.	(Instr. 3,				or	
Derivative	ative	(Month/	8)	4 and 5)	Date	Expira-		Number	
Security	Secur-	Day/			Exer-	tion		of	
(Instr. 3)	ity	Year)	Code V	(A) (D)	cisable	Date	Title	Shares	
Stock Option									
(Right to Buy)									

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/s/ Henry C. Collins 05/01/03

**Signature of Reporting Person Date

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations.

See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.