

YOUNG GREG

Form 4

December 19, 2005

FORM 4**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB
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(Print or Type Responses)

1. Name and Address of Reporting Person *
YOUNG GREG

(Last) (First) (Middle)

C/O SONIC AUTOMOTIVE,
INC., 6415 IDLEWILD ROAD,
SUITE 109

(Street)

CHARLOTTE, NC 28212

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading
Symbol

SONIC AUTOMOTIVE INC [SAH]

3. Date of Earliest Transaction
(Month/Day/Year)

12/15/2005

4. If Amendment, Date Original
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

____ Director ____ 10% Owner
__X__ Officer (give title below) ____ Other (specify below)

VP & Chief Accounting Officer

6. Individual or Joint/Group Filing(Check
Applicable Line)
__X__ Form filed by One Reporting Person
____ Form filed by More than One Reporting
Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D) Price			
Class A Common Stock	12/15/2005 ⁽¹⁾		M		2,100	A \$ 10.35	3,000	D	
Class A Common Stock	12/15/2005 ⁽¹⁾		S		2,100	D \$ 22.55	900	D	
Class A Common Stock	12/16/2005 ⁽¹⁾		M		1,000	A \$ 10.35	1,900	D	
Class A	12/16/2005 ⁽¹⁾		S		1,000	D \$	900	D	

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Common Stock						22.55	
Class A Common Stock	12/19/2005 ⁽¹⁾	M	4,900	A	\$ 10.35	5,800	D
Class A Common Stock	12/19/2005 ⁽¹⁾	S	4,900	D	\$ 22.55	900	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title
Options to Purchase	\$ 10.35	12/15/2005 ⁽¹⁾		M	2,100	05/02/2004 05/02/2011	Class A Common Stock	2,100
Options to Purchase	\$ 10.35	12/16/2005 ⁽¹⁾		M	1,000	05/02/2004 05/02/2011	Class A Common Stock	1,000
Options to Purchase	\$ 10.35	12/19/2005 ⁽¹⁾		M	4,900	05/02/2004 05/02/2011	Class A Common Stock	4,900

Reporting Owners

Reporting Owner Name / Address	Relationships
	Director 10% Owner Officer Other
YOUNG GREG C/O SONIC AUTOMOTIVE, INC.	VP & Chief Accounting

6415 IDLEWILD ROAD, SUITE 109
CHARLOTTE, NC 28212

Officer

Signatures

/s/ Greg Young

12/19/2005

__Signature of
Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Options exercised and shares sold pursuant to 10b5-1 trading plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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