

PUCHNER ALEX  
Form 4  
November 16, 2009

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION**  
**Washington, D.C. 20549**

Check this box  
if no longer  
subject to  
Section 16.  
Form 4 or  
Form 5  
obligations  
may continue.  
See Instruction  
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF  
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,  
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section  
30(h) of the Investment Company Act of 1940

## OMB APPROVAL

OMB  
Number: 3235-0287  
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2005  
Estimated average  
burden hours per  
response... 0.5

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
PUCHNER ALEX

(Last) (First) (Middle)

7755 CENTER AVENUE, SUITE  
300

(Street)

HUNTINGTON BEACH, CA 92647

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading  
Symbol

BJs RESTAURANTS INC [BJRI]

3. Date of Earliest Transaction  
(Month/Day/Year)

11/16/2009

4. If Amendment, Date Original  
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to  
Issuer

(Check all applicable)

\_\_\_\_ Director \_\_\_\_ 10% Owner  
\_\_X\_\_ Officer (give title \_\_\_\_ Other (specify  
below) below)

Sr. Vice President Brewing Ops

6. Individual or Joint/Group Filing(Check  
Applicable Line)  
\_\_X\_\_ Form filed by One Reporting Person  
\_\_\_\_ Form filed by More than One Reporting  
Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) |        |            | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
|---------------------------------|--------------------------------------|----------------------------------------------------|--------------------------------|-------------------------------------------------------------------|--------|------------|-----------------------------------------------------------------------------------------------|----------------------------------------------------------|-------------------------------------------------------|
|                                 |                                      |                                                    | Code                           | V                                                                 | Amount | (A) or (D) | Price                                                                                         |                                                          |                                                       |
| Common Stock, no par value      |                                      |                                                    |                                |                                                                   |        |            |                                                                                               | 6,955 <sup>(4)</sup>                                     | D                                                     |
| Common Stock, no par value      | 11/16/2009                           |                                                    | S                              |                                                                   | 5,000  | D          | \$ 17.6136                                                                                    | 32,000                                                   | I                                                     |
|                                 |                                      |                                                    |                                |                                                                   |        |            |                                                                                               |                                                          | By Trust                                              |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474  
(9-02)

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**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) |     | 7. Title and Amount Underlying Securities (Instr. 3 and 4) |                 |              |                            |
|--------------------------------------------|--------------------------------------------------------|--------------------------------------|----------------------------------------------------|--------------------------------|-----------------------------------------------------------------------------------------|----------------------------------------------------------|-----|------------------------------------------------------------|-----------------|--------------|----------------------------|
|                                            |                                                        |                                      |                                                    | Code                           | V                                                                                       | (A)                                                      | (D) | Date Exercisable                                           | Expiration Date | Title        | Amount or Number of Shares |
| Common Stock Purchase Option               | \$ 3.65                                                |                                      |                                                    |                                |                                                                                         |                                                          |     | 06/08/2002 <sup>(1)</sup>                                  | 06/08/2011      | Common Stock | 75,000                     |
| Common Stock Purchase Option               | \$ 13.57                                               |                                      |                                                    |                                |                                                                                         |                                                          |     | 02/09/2005 <sup>(2)</sup>                                  | 04/15/2014      | Common Stock | 2,500                      |
| Common Stock Purchase Option               | \$ 15.5                                                |                                      |                                                    |                                |                                                                                         |                                                          |     | 02/22/2007 <sup>(3)</sup>                                  | 02/22/2015      | Common Stock | 4,570                      |
| Common Stock Purchase Option               | \$ 23.26                                               |                                      |                                                    |                                |                                                                                         |                                                          |     | 01/04/2007 <sup>(2)</sup>                                  | 01/04/2016      | Common Stock | 10,000                     |
| Common Stock Purchase Option               | \$ 19.96                                               |                                      |                                                    |                                |                                                                                         |                                                          |     | 01/03/2008 <sup>(2)</sup>                                  | 01/03/2017      | Common Stock | 7,500                      |
| Non Qualified Stock Options                | \$ 16.63                                               |                                      |                                                    |                                |                                                                                         |                                                          |     | 01/02/2009 <sup>(2)</sup>                                  | 01/02/2018      | Common Stock | 4,700                      |
| Non Qualified Stock Options                | \$ 10.11                                               | 12/31/2008                           |                                                    | A                              |                                                                                         | 10,500                                                   |     | 12/31/2009 <sup>(2)</sup>                                  | 12/31/2018      | Common Stock | 10,500                     |

## Reporting Owners

| Reporting Owner Name / Address | Relationships |           |         |       |
|--------------------------------|---------------|-----------|---------|-------|
|                                | Director      | 10% Owner | Officer | Other |

PUCHNER ALEX  
7755 CENTER AVENUE  
SUITE 300  
HUNTINGTON BEACH, CA 92647

Sr. Vice President Brewing Ops

## Signatures

Dianne Scott, Attorney-in-fact for Alexander M.  
Puchner

11/16/2009

\_\_Signature of Reporting Person

Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The options vest 33 1/3% per year beginning on the first anniversary of the date of grant.
- (2) The options vest 20% per year beginning on the first anniversary of the date of grant.
- (3) The options vest 33 1/3% per year beginning on the third anniversary of the date of grant.
- (4) Includes restricted stock award of 1,955 shares vesting 391 shares each on 1/2/2009, 1/2/2010, 1/2/2011, 1/2/2012 and 1/2/2013. Includes restricted stock award of 5,000 shares vesting 1,000 shares each on 12/31/2009, 12/31/2010, 12/31/2011, 12/31/2012 and 12/31/2013.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.  
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