

RYANAIR HOLDINGS PLC  
Form 6-K  
September 03, 2009

**SECURITIES AND EXCHANGE COMMISSION**

**Washington, D.C. 20549**

**FORM 6-K**

**Report of Foreign Private Issuer**

**Pursuant to Rule 13a-16 or 15d-16  
of the Securities Exchange Act of 1934**

For the month of September, 2009

**RYANAIR HOLDINGS PLC**  
(Translation of registrant's name into English)

**c/o Ryanair Ltd Corporate Head Office  
Dublin Airport  
County Dublin Ireland**  
(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information

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contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes ..... No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82- \_\_\_\_\_

**RYANAIR  
'S  
TRAFFIC GROWS  
19  
%  
  
IN AUGUST  
TO A  
NEW MONTHLY  
RECORD OF 6.88M**

The following are passenger and load factor statistics for August 2009 for Ryanair, the world's largest international scheduled airline.

	<b>Aug 08</b>	<b>Aug 09</b>	<b>Increase</b>	<b>12 mth to 31 Aug 09</b>
<b>Passengers (m)<sup>1</sup></b>	<b>5.78</b>	<b>6.88</b>	<b>+</b>	<b>62.4</b>
	<b>M</b>	<b>M</b>	<b>19</b>	<b>M</b>
			<b>%</b>	
<b>Load Factor</b>	<b>90</b>	<b>90</b>	<b>0</b>	<b>82</b>
<b><sup>2</sup></b>	<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>

- Represents the number of earned seats flown by Ryanair
- Represents the number of passengers as a proportion of the number of seats available for passengers.

Ends

Thursday,

3rd  
September

2009

**For further information:**

**Stephen McNamara**

**- Ryanair**

**Pauline McAlester**

**-**

**Murray**

**Consultants**

Tel: 00 353 1 812

1271

Tel: 00 353 1 4980 300

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

**RYANAIR HOLDINGS PLC**

Date: 03 September, 2009

By: \_\_\_/s/ Juliusz Komorek\_\_\_

Juliusz Komorek  
Company Secretary