VIDESH SANCHAR NIGAM LTD Form 6-K July 20, 2007

FORM 6-K

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C., 20549

REPORT OF FOREIGN PRIVATE ISSUER PURSUANT TO RULE 13a-16 OR 15d-16 UNDER

THE SECURITIES EXCHANGE ACT OF 1934

For the month July, 2007

Commission File Number 001-15118

VIDESH SANCHAR NIGAM LIMITED

(Translation of registrant s name into English)

Videsh Sanchar Bhavan, Mahatma Gandhi Road, Mumbai 400 001, India

(Address of principal executive office)
Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F.
Form 20-F x Form 40-F
Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1):
Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7):
Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934:
Yes " No x

If Yes is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2 (b): 82 - ...

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Registrant hereby incorporates in the report on Form 6-K the following Exhibits:

Exhibit

Number Description of Exhibit

1. Notification of change in VSNL s Board of Directors resignation of N. Parameswaran as Director. Forward-Looking Statements

All words and statements other than statements of historical fact included in this Form 6-K (including the attached exhibits), including, without limitation, expect, believe, plan, intend, estimate, anticipate, may, will, would and could or similar words and statements conregistrant and its prospects, and other statements relating to the registrant s expected financial position, business strategy, the future development of the registrant's operations and the general economy in India, are forward-looking statements. Such statements involve known and unknown risks, uncertainties and other factors which may cause actual results, performance or achievements of the registrant, or industry results, to differ materially from those expressed or implied by such forward-looking statements. Such forward-looking statements are based on numerous assumptions regarding the registrant s present and future business strategies and the environment in which the registrant will operate in the future. The important factors that could cause actual results, performance or achievements to differ materially from such forward-looking statements include, among others, changes in government policies or regulations of India and, in particular, changes relating to the administration of the registrant s industry, and changes in general economic, business and credit conditions in India. Additional factors that could cause actual results, performance or achievements to differ materially from such forward-looking statements, many of which are not in the registrant s control, include, but are not limited to, those risk factors discussed in the registrant s various filings with the Securities and Exchange Commission, including its annual report on Form 20-F filed on October 2, 2006. These forward-looking statements speak only as of the date of this Form 6-K. The registrant expressly disclaims any obligation or undertaking to release publicly any updates or revisions to any forward-looking statement contained herein to reflect any change in the registrant s expectations with regard thereto or any change in events, conditions or circumstances on which any such statement is based.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

VIDESH SANCHAR NIGAM LIMITED

By: /s/ Harish Abhichandani Name : Harish Abhichandani Title: General Manager - Finance

July 20, 2007

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	Exhibit 1
	Rishabh Nath Aditya
	Deputy Company Secretary
HQ/	CS/CL.24B/12623
20 J	uly 2007
Sir,	
Sub	: Change in Composition of the Board
	suant to clause 30 of the listing agreement with Indian Stock Exchanges please be informed that vide letter dated 19 July 2007 received on uly 2007, Mr. N. Parameswaran has resigned from the post of Director of VSNL and ceases to be Director with effect from 19 July 2007.
Tha	nking you,
	Yours faithfully, For Videsh Sanchar Nigam Limited
To:	Rishabh Aditya Deputy Company Secretary
1)	Security Code 23624, The Bombay Stock Exchange Limited. Fax No.(22) 22722061, 22721072.
2)	Security Code 5251, The Asst. Manager (Listing), National Stock Exchange of India Limited. Fax Nos.: (22) 26598237/38.
3)	National Securities Depository Ltd. Fax Nos.: 2497 29 93.
4)	Mr. Vijay Bhojwani, The Bank of New York. Fax No.2204 49 42.
5)	Sharepro Services. Fax No. 2837 5646
6)	Marc H. Iyeki, Director, New York Stock Exchange, Fax No: (212) 656-5071 /72 / Madhu Kannan, Managing Director, New York Stock Exchange, Fax No: (212) 265-2016
7)	Mr. Hitendra Patil, Vice President (Operations) Central Depository Services (India) Limited. Fax: 2267 3199.
8)	Mr. Harish Abhichandani,, DGM (F) for SEC filing requirements, Fax 1186