AVID TECHNOLOGY INC

Form 4

November 03, 2005

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FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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if no longer STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF subject to **SECURITIES** Section 16. Form 4 or

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

(Print or Type Responses)

1(b).

1. Name and Ad ROCKWELI	*	_	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer			
			AVID TECHNOLOGY INC [AVID]	(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction				
2105 LEWIS ROAD			(Month/Day/Year) 11/01/2005	Director 10% Owner Number of the control of the			
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
PALO ALTO), CA 94303	,	Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Aco	unired. Disposed of, or Beneficially Owned			

(City)	(State)	(Zip) Tabl	e I - Non-I	Derivative :	Securi	ties Acqu	ired, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securities Acquired or(A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or		5. Amount of Securities Ownership Beneficially Form: Direct Owned (D) or Following Indirect (I) Reported (Instr. 4) Transaction(s)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
C			Code V	Amount	(D)	Price	(Instr. 3 and 4)		
Common Stock	11/01/2005		M	6,250	A	\$ 12.8	6,250	D	
Common Stock	11/01/2005		M	7,077	A	\$ 14.13	13,327	D	
Common Stock	11/01/2005		M	423	A	\$ 14.13	13,750	D	
Common Stock	11/01/2005		M	12,601	A	\$ 22.01	26,351	D	
Common Stock	11/01/2005		S	22,617	D	\$ 50.02	3,734	D	

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Common Stock	11/01/2005	S	1,675	D	\$ 50.03	2,059	D
Common Stock	11/01/2005	S	1,000	D	\$ 50.09	1,059	D
Common Stock	11/01/2005	S	1,059	D	\$ 50.16	0	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	ransactionDerivative ode Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and An Underlying Sec (Instr. 3 and 4)
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title Title
Non-qualified Stock Option (right to buy)	\$ 12.8	11/01/2005		M		6,250	10/17/2001	04/17/2011	Common Stock
Incentive Stock Option (right to buy)	\$ 14.13	11/01/2005		M		7,077	09/06/2002	03/06/2012(1)	Common Stock
Non-qualified Stock Option (right to buy)	\$ 14.13	11/01/2005		M		423	09/06/2002	03/06/2012(1)	Common Stock
Non-qualified Stock Option (right to buy)	\$ 22.01	11/01/2005		M		12,601	07/10/2003	01/10/2013(1)	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships						
Transfer and the same	Director	10% Owner	Officer	Other			
ROCKWELL MICHAEL J			SVP & Chief Technology Officer				

Reporting Owners 2

PALO ALTO, CA 94303

Signatures

Michael Rockwell

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 12.5% of the option becomes exercisable on the date listed in the "Date Exercisable" column; the remaining 87.5% becomes exercisable in 42 equal monthly installments thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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