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ALASKA C Form 4 May 29, 200	COMMUNICATI	ONS SYS	STEMS (GROUP I	NC						
FORM	ЛЛ								OMB AP	PROVAL	
Check th		RITIES A		OMMISSION	OMB Number:	3235-0287 January 31,					
if no longer subject to Section 16. Form 4 or					BENEF RITIES	ICIA	AL OWN	ERSHIP OF	Expires: Estimated a burden hour response	2005 verage	
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type	Responses)										
FISHER SHELDON S			2. Issuer Name and Ticker or Trading Symbol ALASKA COMMUNICATIONS					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
				EMS GRO		[ALS	SK]				
(Month			(Month/I	ate of Earliest Transaction nth/Day/Year) 25/2007				Director 10% Owner X_ Officer (give title Other (specify below) Senior VP, Sales & Prod Mtkg			
(Street) 4. If Ame			mendment, Date Original Ionth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
ANCHORAGE, AK 99503									fore than One Reporting		
(City)	(State)	(Zip)	Tab	ole I - Non-J	Derivative	Secur	rities Acqu	iired, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	(Month/Day/Year) Execution Date, if Transactionor Disposed any Code (Instr. 3, 4 a (Month/Day/Year) (Instr. 8)		Disposed of (D) str. 3, 4 and 5) (A)		Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
common				Code V	Amount	(D)	Price	(Instr. 3 and 4)			
stock, \$.01 par value	05/25/2007			A <u>(1)</u>	40,000	А	\$ 4.35	50,536	D		
common stock, \$.01 par value	05/25/2007			S	23,815	D	\$ 16.023	26,721	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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information contained in this form are not
required to respond unless the formSEC 1474
(9-02)

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	orDeriv Secur Acqui	ities ired (A) sposed of . 3, 4,	6. Date Exercis Expiration Dat (Month/Day/Y	e	7. Title and of Underlyir Securities (Instr. 3 and	ıg
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
employee stock options	\$ 4.35	05/25/2007		Х		40,000	02/23/2007	02/22/2014	common stock	40,000

Reporting Owners

Reporting Owner Name / Address		Relationships					
	Director	10% Owner	Officer	Other			
FISHER SHELDON C/O ALASKA COMMUNICATIONS SYSTEMS 600 TELEPHONE AVE ANCHORAGE, AK 99503			Senior VP, Sales & Prod Mtkg				
Signatures							

/s/ Sheldon			
Fisher	05/29/2007		
<u>**</u> Signature of	Date		

Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents shares received from the exercise of options granted under the Company's 1999 Stock Incentive Plan.
- (2) Options granted pursuant to the Company's 1999 Stock Incentive Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.