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LITCHFIEL Form 4											
January 07, 2	1	STATES	SECUR	RITIES A	ND EX	СНА	NGE C	OMMISSION	OMB AF OMB	PPROVAL	
Charle 41				shington,					Number:	3235-0287	
Check thi if no long subject to Section 1 Form 4 o Form 5 obligation may cont <i>See</i> Instru 1(b).	ection 1 Public Ut	GES IN SECUR 6(a) of th iility Hold vestment	EITIES e Securit ding Con	Expires: January 31 2005 Estimated average burden hours per response 0.5							
(Print or Type F	Responses)										
	Address of Reporting F LD CRAIG G	Person <u>*</u>	Symbol	Name and NS & NC			-	5. Relationship of Issuer (Chec	Reporting Pers k all applicable		
(Last) (First) (Middle) 3. Date o (Month/I 33 WEST AVENUE 01/05/2				-	ansaction			X Director 10% Owner X Officer (give title Other (specify below) below) President & C.E.O.			
WELLSPO	(Street) RO, PA 16901			ndment, Da hth/Day/Year	-	1		6. Individual or Jo Applicable Line) _X_ Form filed by 0 Form filed by M	One Reporting Pe	rson	
(City)		Zip)	Tabl	o I Non I	Dorivotivo	Soour	itios Aca	Person	or Bonoficial	ly Ownod	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		ned 1 Date, if	3.	4. Securi on(A) or D (Instr. 3,	ties A	cquired d of (D)	uired, Disposed of 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of	
Common Stock	01/05/2009			A <u>(1)</u>	392	D	\$ 20.36	533	D		
Common Stock	01/05/2009			A <u>(2)</u>	380	А	\$ 19.88	913 <u>(3)</u>	D		
Common Stock	01/05/2009			J <u>(4)</u>	392	А	\$ 20.36	33,176 <u>(5)</u>	D		
Common Stock	01/05/2009			A <u>(1)</u>	32	D	\$ 20.36	43	I	Wife	
Common Stock	01/05/2009			A <u>(2)</u>	30	А	\$ 19.88	73 <u>(3)</u>	I	Wife	

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Common	01/05/2009	I (4)	22	۸	\$	6,020 (5)	T	Wife
Stock	01/03/2009	J <u>(+)</u>	32	А	20.36	0,020 (0)	1	whe

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

01/07/2009

Date

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (Instr. 8)	Securities Acquired (A) or Disposed of (D)	onNumber Expiration Dat of (Month/Day/Y Derivative Securities Acquired (A) or Disposed		Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owna Follo Repo Trans (Instr
					(Instr. 3, 4, and 5)						
					4, and 5)						
						Date Exercisable	Expiration Date	Title	Amount or Number of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships								
	Director	10% Owner	Officer	Other					
LITCHFIELD CRAIG G 33 WEST AVENUE WELLSBORO, PA 16901	Х		President & C.E.O.						

Signatures

Jessica R. Brown for Craig G. Litchfield under Power of Attorney dated 8/23/07

<u>**</u>Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Release of Restricted Stock granted under Stock Incentive Plan
- (2) Award of Restricted Stock
- (3) Total Restricted Stock Holdings
- (4) Restricted Stock reissued to personal holdings

Reporting Owners

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(5) Total Holdings, including shares received as dividend on Restricted Stock, which are not restricted

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.