LAMBERT LEO F

Form 5

February 16, 2010

FORM 5

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0362 Number: January 31,

no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box if

Expires: 2005 Estimated average

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

burden hours per response... 1.0

See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940

Form 4

Transactions Reported

securities beneficially owned directly or indirectly.

1. Name and A	2. Issuer Name and Ticker or Trading Symbol CITIZENS & NORTHERN CORP [CZNC]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
(Last)	(First) (Middle)	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2009					_X_ Director Officer (g below)		10% Owner Other (specify	
PO BOX 3	45										
				Amendment, Date Original d(Month/Day/Year)				6. Individual or Joint/Group Reporting (check applicable line)			
DUSHORE	E, PA 18614							_X_ Form Filed by Person	by One Reportin by More than On		
(City)	(State)	(Zip)	Tab	le I - Non-Der	ivative Se	curiti	es Acq	uired, Disposed	l of, or Benefic	cially Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Date, if	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Price		5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	Ownership Form: Direct	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	Â	Â		Â	Â	Â	Â	7,774 <u>(1)</u>	D	Â	
Common Stock	Â	Â		Â	Â	Â	Â	1,250	I	By Corporation	
Reminder: Report on a separate line for each class of				Persons who respond to the co				collection of information SEC 227			

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(9-02)

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$\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (\emph{e.g.}, puts, calls, warrants, options, convertible securities) \\ \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amoun or Numbe of Shares
Director Stock Options (Right to Buy)	\$ 21.25	04/17/2001	Â	A4	152	Â	04/17/2001	04/17/2011	Common Stock	152
Director Stock Options (Right to Buy)	\$ 21.25	02/14/2002	Â	M4 (2)	Â	100	04/17/2001	04/17/2011	Common Stock	100
Director Stock Options (Right to Buy)	\$ 14.1667 (3) (4)	10/28/2003	Â	M4 (2)	Â	78 (3) (4)	04/17/2001	04/17/2011	Common Stock	78
Director Stock Options (Right to Buy)	\$ 17 (<u>3)</u>	01/02/2002	Â	A4	537 (3)	Â	01/02/2002	01/02/2012	Common Stock	537
Director Stock Options (Right to Buy)	\$ 17 <u>(3)</u>	12/05/2003	Â	M4 (2)	Â	150 (3)	01/02/2002	01/02/2012	Common Stock	150
Director Stock Options (Right to Buy)	\$ 17 <u>(3)</u>	03/21/2005	Â	M4 (2)	Â	387 (3)	01/02/2002	01/02/2012	Common Stock	387
Director Stock Options	\$ 20.7333 (3)	01/02/2003	Â	A4	411 (3)	Â	01/02/2003	01/02/2013	Common Stock	411

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(Right to Buy)										
Director Stock Options (Right to Buy)	\$ 26.59	01/02/2004	Â	A4	327	Â	01/02/2004	01/02/2014	Common Stock	327
Director Stock Options (Right to Buy)	\$ 27	01/03/2005	Â	A4	473	Â	01/03/2005	01/03/2015	Common Stock	473
Director Stock Options (Right to Buy)	\$ 22.325	01/03/2007	Â	A4	538	Â	01/03/2007	01/03/2017	Common Stock	538
Director Stock Options (Right to Buy)	\$ 17.5	01/03/2008	Â	A4	679	Â	01/03/2008	01/03/2018	Common Stock	679
Director Stock Options (Right to Buy)	\$ 19.88	01/05/2009	Â	A4	1,341	Â	01/05/2009	01/05/2019	Common Stock	1,341

Reporting Owners

Reporting Owner Name / Address	Relationships							
1 0	Director	10% Owner	Officer	Other				
LAMBERT LEO F PO BOX 345 DUSHORE, PA 18614	ÂX	Â	Â	Â				

Signatures

Jessica R. Brown for Leo F. Lambert under Power of Attorney dated 8/23/07.

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Direct holdings were previously reported without including unvested restricted stock (which were reported separately.) Total direct holdings reported in this Form have been revised to include unvested restricted stock and shares held through IRA (which were

Reporting Owners 3

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previously reported as indirect holdings.)

- (2) Acquisition of shares pursuant to options exercised previously reported in Table I; however, the exercise was not reported in Table II.
- (3) Exercise prices and number of options shares adjusted for 2003 stock split.
- (4) Reflects adjustment for stock split of options granted on April 17, 2001 at an original exercise price of \$21.25 for 152 shares.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.