CROATTI CYNTHIA

Form 4 July 08, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Estimated average

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

OMB APPROVAL

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response... 0.5

1(b).

(Print or Type Responses)

1. Name and Ad CROATTI C		rting Person *	2. Issuer Name and Ticker or Trading Symbol UNIFIRST CORP [UNF]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check all applicable)		
68 JONSPIN	ROAD		(Month/Day/Year) 07/08/2009	X DirectorX 10% OwnerX Officer (give title Other (specify below) Executive VP & Treasurer		
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
WILMINGT	ON, MA 01	887	Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 3. 4. Securities Acquired 5. Amount of 7. Nature of Security (Month/Day/Year) Execution Date, if Transaction(A) or Disposed of (D) Securities Ownership Indirect (Instr. 3) (Instr. 3, 4 and 5) Code Beneficially Form: Beneficial (Month/Day/Year) (Instr. 8) Owned Direct (D) Ownership Following or Indirect (Instr. 4) Reported (A) Transaction(s) (Instr. 4) (Instr. 3 and 4) Code V Amount (D) Price Common A 07/08/2009 M 1,400 $3,400^{(1)}$ D Stock 17.55 Common 07/08/2009 M 1,400 $4,800^{(1)}$ D Stock Common 07/08/2009 M 1,400 $6,200^{(1)}$ D Stock Common 07/08/2009 M 1,400 $4,800^{(1)}$ D Stock Common 07/08/2009 M 1,400 D \$ 38.2 3,400 (1) D Stock

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Common Stock	07/08/2009	M	1,400	D	\$ 38.15	2,000 (1)	D	
Common Stock	07/08/2009	M	200	D	\$ 38.45	1,800 (1)	D	
Common Stock	07/08/2009	M	1,800	D	\$ 38.4	0	D	
Common Stock						68,534 <u>(2)</u>	I	By LLC
Class B Common Stock						84,107 (3)	I	By Trust
Common Stock						12,000 (4)	I	By Trust
Class B Common Stock						19,069 (5)	I	By Trust
Class B Common Stock						2,152,152 (6)	I	By Partnership
Class B Common Stock						1,021,748 (7)	I	By Partnership

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exerc	cisable and	7. Title and A	Amount of 8
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onof Derivative	Expiration D	ate	Underlying S	Securities 1
Security	or Exercise		any	Code	Securities	(Month/Day/	Year)	(Instr. 3 and	4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired				(
	Derivative				(A) or				
	Security				Disposed of				
				(D)					
				(Instr. 3, 4,					
					and 5)				
									Amount
						D. (E total		or
						Date Exercisable	Expiration	Title	Number
						Exercisable	Date		of
				Code V	(A) (D)				Shares
Common	\$ 17.55	07/08/2009		M	1,400	(8)	10/31/2009	Common	1,400
stock	÷ = / 100	3 1. 3 3 / = 0 0 /			1,100	_	= 0. = = , = 00 <i>y</i>	Stock	-,.00

(9-02)

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option (right to buy)								
Common stock option (right to buy)	\$ 19.93	07/08/2009	M	1,400	<u>(9)</u>	01/14/2011	Common Stock	1,400
Common stock option (right to buy)	\$ 24.35	07/08/2009	M	1,400	(10)	11/04/2011	Common Stock	1,400

Reporting Owners

Reporting Owner Name / Address	Relationships						
·F···· 6 · · · · · · · · · · · · · · · ·	Director 10% Own		Officer	Other			
CROATTI CYNTHIA 68 JONSPIN ROAD	X	X	Executive VP & Treasurer				
WILMINGTON, MA 01887	Λ	Λ	Executive VF & Heasulei				

Signatures

/s/ David Whitman, Attorney-in-Fact

07/08/2009

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) See footnote 1 to addendum.
- (2) See footnote 2 to addendum.
- (3) See footnote 3 to addendum.
- (4) See footnote 4 to addendum.
- (5) See footnote 5 to addendum.
- (6) See footnote 6 to addendum.
- (7) See footnote 7 to addendum.
- (8) See footnote 8 to addendum.
- (9) See footnote 9 to addendum.
- (10) See footnote 10 to addendum.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3