1

Beneficial Ownership

(Instr. 5)

Ownership

Derivative

Security:

Direct (D)

Form of

Conversion

or Exercise

Derivative

Price of

Security

burden hours per

0.5

response...

MFS INTERMEDIATE HIGH INCOME FUND Form 3 February 20, 2014 UNITED STATES SECURITIES AND EXCHANGE COMMISSION **OMB APPROVAL** FORM 3 Washington, D.C. 20549 OMB 3235-0104 Number: January 31, **INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF** Expires: 2005 **SECURITIES** Estimated average

> Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

(Instr. 4)

1. Name and Address of Reporting Person <u>*</u> Buller Steven E			2. Date of Event Requiring Statement (Month/Day/Year)	3. Issuer Name and Ticker or Trading Symbol MFS INTERMEDIATE HIGH INCOME FUND [CIF]				
(Last)	(First)	(Middle)	02/11/2014	4. Relationship of Reporting Person(s) to Issuer			5. If Amendment, Date Original Filed(Month/Day/Year)	
MFS INVESTMENT MANAGEMENT, 111				(Check all applicable)				
HUNTING				V D'	1001 (2		
(Street) BOSTON, MA 02199				X Directo Officer (give title below			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting	
							Person Form filed by More than One Reporting Person	
(City)	(State)	(Zip)	Table I - N	Non-Derivat	tive Securiti	es Bei	neficially Owned	
1.Title of Secu (Instr. 4)	ırity		2. Amount o Beneficially (Instr. 4)		3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nat Owner (Instr.	•	
Reminder: Rep owned directly			ach class of securities benefic	^{ially} S	EC 1473 (7-02))		
	inforı requi	mation cont red to respo	pond to the collection of ained in this form are not ond unless the form displ MB control number.	t				
,	Table II - De	rivative Secu	rities Beneficially Owned (e	.g., puts, calls,	, warrants, opt	ions, co	onvertible securities)	
1 Title of Der	ivative Secur	ity 2 D	ate Evercisable and 3 Title	and Amount o	f 4	5	6 Nature of Indirect	

Securities Underlying

Amount or

Number of

Derivative Security

(Instr. 4)

Expiration Title

Date

Expiration Date

(Month/Day/Year)

Exercisable

Date

Shares

or Indirect (I) (Instr. 5)

Reporting Owners

Reporting Owner Name / Address	Relationships								
	Director	10% Owner	Officer	Other					
Buller Steven E MFS INVESTMENT MANAGEMENT 111 HUNTINGTON AVENUE BOSTON, MA 02199	ÂX	Â	Â	Â					
Signatures									
Susan S. Newton, By Power of Attorney	02/20								
**Signature of Reporting Person	E	Date							
Explanation of Responses:									

No securities are beneficially owned

- * If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.