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TECO ENE Form 4 April 02, 200										
FORM									PPROVAL	
Check this box								OMB Number:	3235-0287	
if no long	1er	x STATEMENT OF CHANGES IN BENEFICIAL OW							January 31, 2005	
subject to Section 1 Form 4 c	l6.			TIES	CIAI	200	NERSHIP OF		ated average n hours per nse 0.5	
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940										
(Print or Type]	Responses)									
1. Name and A CANTREL	2. Issuer Name Symbol				g	5. Relationship of Reporting Person(s) to Issuer				
(Last)		TECO ENERGY INC [TE] 3. Date of Earliest Transaction					(Check all applicable)			
C/O TECO BOX 111	(Month/Day/Yea 03/31/2008	/Day/Year)				Director 10% Owner X Officer (give title Other (specify below) President - Peoples Gas System				
	4. If Amendmen Filed(Month/Day	ndment, Date Original th/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
TAMPA, F	L 33601-0111						Person	Aore than One R	eporting	
(City)	(State) (Zip)	Table I - N	on-De	erivative S	ecurit	ties Acc	uired, Disposed of	f, or Beneficia	ally Owned	
1.Title of Security (Instr. 3)	any		sactior e	n(A) or Dis (D)	posed	of	Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common		Code	e V	Amount	(D)	Price	(Instr. 3 and 4)			
Common Stock	03/31/2008	D <u>(1)</u>)	10,000	D	\$0	39,950	D		
Common Stock							53,149	I	By Trust	
Common Stock							28,499	I	By Wife's Trust	
Common Stock							7,602.923	I	By ESOP	
Common Stock							1,421.48	I	By Savings Plan	

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Common Stock						5,076.366	[By TRAS	SOP	
Reminder: I	Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.									
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)										
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactie Code (Instr. 8)	5. orNumber of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	3	Amount o Underlyin Securitie: (Instr. 3 a	of ng s and 4)	8. Price of Derivative Security (Instr. 5)	
							Ar	mount		

						1 mile unit
			Date Exercisable	Expiration Date	Title	or Number of
Code V	(A)	(D)				Shares

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
CANTRELL WILLIAM N C/O TECO ENERGY, INC. P. O. BOX 111 TAMPA, FL 33601-0111			President - Peoples Gas System			
Signatures						
By David E. Schwartz, by Pow Attorney	ver of	0	4/02/2008			

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Disposition to issuer in connection with forfeiture of performance shares.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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