CHILDRESS CLINTON E.

Form 4 April 05, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number:

3235-0287

Expires:

January 31, 2005

0.5

burden hours per

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response...

subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

if no longer

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

30(h) of the Investment Company Act of 1940

1(b).

Stock

(Print or Type Responses)

1. Name and Address of Reporting Person * CHILDRESS CLINTON E.			2. Issuer Name and Ticker or Trading Symbol TECO ENERGY INC [TE]						5. Relationship of Reporting Person(s) to Issuer				
(Last) C/O TECO	(Last) (First) (Middle) 3. Date of			e of Earliest Transaction h/Day/Year)					(Check all applicable) Director 10% Owner _X_ Officer (give title Other (specify				
BOX 111							below) Sr. VP - Corp. Svcs						
		4. If Amendment, Date Original						6. Individual or Joint/Group Filing(Check					
TAMPA, FI	L 33601-0111		Filed(Mor	tth/Day/\	Year))			Applicable Line) _X_ Form filed by 0 Form filed by N Person	One Reporting Pe More than One Re			
(City)	(State)	(Zip)	Tabl	e I - No	n-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, i any (Month/Day/Yea			Date, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5)					5. Amount of Securities Form: Direct Indirect Governorms of Councillary (D) or Benefic Governorms (Instr. 4) (
_				Code	V	Amount	(D)	Price	(Instr. 3 and 4)				
Common Stock	04/01/2010			A(1)		5,779	A	\$0	102,966	D			
Common Stock	04/01/2010			F(2)		4,888	D	\$ 15.89	98,078	D			
Common									8,774.647	I	By Savings		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Plan

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative	2. Conversion	3. Transaction Date		4.	5. ionNumber	6. Date Exercised Expiration D		7. Tit		8. Price of Derivative	9. Nu Deriv
Security (Instr. 3)	or Exercise Price of Derivative Security	(Month/Day/Year)	execution Date, if any (Month/Day/Year)	Code (Instr. 8)	of	(Month/Day/Year)		Under	rlying	Security (Instr. 5)	Secur Bene Owne Follo Repo Trans (Instr
				Code V	7 (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

CHILDRESS CLINTON E. C/O TECO ENERGY, INC. P. O. BOX 111 TAMPA, FL 33601-0111

Sr. VP - Corp. Svcs

Signatures

David E. Schwartz, by Power of Attorney

04/05/2010

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares in excess of target granted in connection with vesting of performance-based restricted stock, pursuant to original terms of grant in 2007.
- (2) Shares withheld for taxes due upon vesting of performance-based restricted stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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