Rice Michael Form 4 February 15, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

3235-0287 Number:

January 31, Expires: 2005

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Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations may continue. See Instruction

1 Name and Address of Departing De

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

Common

Stock

02/13/2019

1. Name and A Rice Michae	Address of Reporting el	Symbol	er Name and Ticker or Trading FE SOLUTIONS INC [BLFS	5. Relationship of Reporting Person(s) to Issuer		
<i>a</i>	(71)		_	(Check all applicable)		
(Last)	(First) (N		of Earliest Transaction	V D'		
C/O BIOLI	FE SOLUTIONS	· · · · · · · · · · · · · · · · · · ·	Day/Year)	X Director 10% OwnerX Officer (give title Other (specify		
	MONTE VILLA		2019	below) below)		
	Y, SUITE 310			President & CEO		
	(Street)	4. If Ame	endment, Date Original	6. Individual or Joint/Group Filing(Check		
		Filed(Mo	onth/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person		
BOTHELL,	, WA 98021			Form filed by More than One Reporting Person		
(City)	(State)	(Zip) Tab	ole I - Non-Derivative Securities A	cquired, Disposed of, or Beneficially Owned		
1.Title of	2. Transaction Date		3. 4. Securities Acquire	-		
Security (Instr. 3)	(Month/Day/Year)	Execution Date, if any	Transaction(A) or Disposed of (I Code (Instr. 3, 4 and 5)	9) Securities Form: Direct Indirect Beneficially (D) or Beneficial		
(IIIstr. 3)		(Month/Day/Year)		Owned Indirect (I) Ownership		
		•	,	Following (Instr. 4) (Instr. 4)		
			(A) or	Reported Transaction(s)		
			Code V Amount (D) Price	e (Instr. 3 and 4)		
Common Stock	02/13/2019		M 7,088 A \$1.	4 146,605 D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $S^{(1)}$

7,088

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D

\$

(2)

D

16.03 139,517

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option	\$ 1.4	02/13/2019		M	7,088	(3)	02/04/2020	Common Stock	7,088

Reporting Owners

Reporting Owner Name / Address	Relationships				
, F	Director	10% Owner	Officer	Other	
Rice Michael C/O BIOLIFE SOLUTIONS, INC. 3303 MONTE VILLA PARKWAY, SUITE 310	X		President & CEO		
BOTHELL, WA 98021			& CEO		

Signatures

/s/ Michael Rice 02/15/2019

**Signature of Date Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on November 12, 2018.
- The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$15.94 to \$16.35, inclusive. The reporting person undertakes to provide to the registrant, any security holder of the registrant, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range.
- (3) Option vested equally over four years commencing on February 5, 2011.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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