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TRUSTCO BANK CORP N Y
Form 8-K
May 17, 2004

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of
the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): May 17, 2004
(May 17, 2004)

TrustCo Bank Corp NY

(Exact name of registrant as specified in its charter)

New York
(State or other jurisdiction of incorporation)

0-10592

14-1630287

(Commission File Number)

(IRS Employer Identification No.)

5 Sarnowski Drive, Glenville, New York 12302
(Address of principal executive offices) (Zip Code)

Registrant's telephone number, including area code: (518) 377-3311

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TrustCo Bank Corp NY

Item 5. Other Events

Press release dated May 17, 2004 discussing results
of the Annual Meeting held May 17, 2004. Attached is a copy of
the Press Release labeled as Exhibit 99(a).

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Item 7 (c) Exhibits

Reg S-K Exhibit No.	Description
99(a)	Press release dated May 17, 2004, discussing results of the Annual Meeting held on May 17, 2004.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Dated: May 17, 2004

TrustCo Bank Corp NY
(Registrant)

By: /s/ Robert T. Cushing

Robert T. Cushing
Executive Vice President and Chief
Financial Officer

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Exhibits Index

The following exhibits are filed herewith:

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Reg S-K Exhibit No.	Description	Page
99(a)	Press release dated May 17, 2004 discussing results of the Annual Meeting held on May 17, 2004.	5

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TRUSTCO
Bank Corp NY

5 Sarnowski Drive, Glenville, New York, 12302
(518) 377-3311 Fax: (518) 381-3668

Subsidiary: Trustco Bank

Contact: Robert M. Leonard
Vice President
518-381-3693

Exhibit 99(a)
News Release
NASDAQ - TRST

FOR IMMEDIATE RELEASE:

TRUSTCO BANK CORP NY ANNOUNCES RESULTS OF ANNUAL MEETING

Glenville, New York, May 17, 2004 - Today the shareholders of TrustCo Bank Corp NY elected three members to the Board of Directors at the Company's Annual Meeting. Directors Joseph A. Lucarelli and Robert A. McCormick were elected to three-year terms and Anthony J. Marinello, M.D., Ph.D. was elected to a one-year term, each by an overwhelming majority of the shareholders.

The TrustCo Bank Corp NY Director Stock Option Plan and the TrustCo Bank Corp NY Stock Option plan were also approved by a substantial majority of the shareholders.

An amendment to TrustCo's Amended and Restated Certificate of Incorporation to change the minimum and maximum numbers of directors also was approved by more than two-thirds of the shareholders.

Finally, KPMG LLP's appointment as independent auditors for the Company in 2004 was overwhelmingly ratified.

TrustCo Bank Corp NY is a \$2.8 billion bank holding company, and through its subsidiary, Trustco Bank, operates 69 bank offices in New York, Vermont, and Florida. In addition, the bank operates a full service Trust Department with \$961 million of assets under management. The

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common shares of TrustCo are traded on the Nasdaq National Market tier of the Nasdaq Stock Market under the symbol TRST.