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HEALTHWAYS, INC		
Form 8-K		
January 07, 2008		
UNITED STATES		
SECURITIES AND EXCHANGE COM	MISSION	
WASHINGTON, D.C. 20549		
FORM 8-K		
CURRENT REPORT		
Pursuant to Section 13 or 15(d) of the		
Tursuant to section 13 of 13(u) of the		
Securities Exchange Act of 1934		
Date of report (Date of earliest event report	ed): January 7, 2008	
HEALTHWAYS, INC.		
(Exact name of registrant as specified in its	charter)	
Delaware	000-19364	62-1117144
(State or other jurisdiction of incorporation)	(Commission	(IRS Employer
	File Number)	Identification No.)
3841 Green Hills Village Drive		
3041 Green Tims vinage Drive		
Nashville, Tennessee		37215
(Address of principal executive offices)		(Zip Code)
(615) 665-1122		
(Registrant's telephone number, including a	rea code)	
(100510010110 to telephone number, menualing a	10u 00u0j	

# Not Applicable

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K	filing is intended to simultaneousl	y satisfy the filing obliga	tion of the registrant	under any of
the following provisions (see General Instruction	1 A.2. below):			

- O Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- O Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- O Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- O Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

#### Item 7.01 Regulation FD Disclosure.

Healthways, Inc. (the Company ) has been advised that the Office of Management and Budget has approved a request from the Centers for Medicare and Medicaid Services ( CMS ) to lower the savings target for the Medicare Health Support ( MHS ) Program from 5% net savings to budget neutrality (savings greater than or equal to fees). While the Company views this as a positive development, CMS has not yet identified how or when the new savings target will be implemented, although the Company believes it is likely that this will require amendment of its Cooperative Agreement and Protocols. The Company continues to believe that the design and implementation issues that it has discussed regularly over the past year will likely complicate the calculation of actual financial performance, notwithstanding a change in the savings target. No resolution with respect to the impact of these issues on the Company s ultimate financial performance has been reached to date. Accordingly, the Company is unable to meaningfully assess the impact of this change and is, therefore, making no change to its fiscal 2008 revenue or earnings guidance at this time.

## **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

## HEALTHWAYS, INC.

By: /s/ Alfred Lumsdaine

Alfred Lumsdaine

Senior Vice President and Corporate Controller

Date: January 7, 2008