HEALTHWAYS, INC Form 8-K January 08, 2009 UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8-K

**CURRENT REPORT** 

Pursuant to Section 13 or 15(d) of the

Securities Exchange Act of 1934

Date of report (Date of earliest event reported): January 8, 2009

HEALTHWAYS, INC.

(Exact name of registrant as specified in its charter)

**Delaware** (State or other jurisdiction of incorporation) **000-19364** (Commission

File Number)

701 Cool Springs Boulevard

**Franklin, Tennessee** (Address of principal executive offices)

(615) 614-4929

(Registrant's telephone number, including area code)

(Former name or former address, if changed since last report)

**62-1117144** (IRS Employer

Identification No.)

**37067** (Zip Code)

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Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (*see* General Instruction A.2. below):

- 0 Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- 0 Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- 0 Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- 0 Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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#### Item 2.02 Results of Operations and Financial Condition.

On January 8, 2009, Healthways, Inc. issued a press release announcing earnings results for the quarter ended November 30, 2008, the text of which is attached hereto as Exhibit 99.1. This information furnished pursuant to this Item 2.02 and Exhibit 99.1 shall not be deemed filed for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the Exchange Act ), and shall not be deemed to be incorporated by reference in any filing under the Securities Act of 1933, as amended, or the Exchange Act except as shall be expressly set forth by specific reference in such filing.

#### Item 9.01. Financial Statements and Exhibits.

(c) Exhibits: Exhibit 99.1

Press Release.

### SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

### HEALTHWAYS, INC.

By: /s/ Mary A. Chaput Mary A. Chaput Chief Financial Officer

Date: January 8, 2009

# EXHIBIT INDEX

Exhibit 99.1 Press Release dated January 8, 2009