

RECKSON ASSOCIATES REALTY CORP
 Form 4
 December 22, 2006

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
RECHLER SCOTT H

2. Issuer Name and Ticker or Trading Symbol
RECKSON ASSOCIATES REALTY CORP [RA]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)
 12/20/2006

Director 10% Owner
 Officer (give title below) Other (specify below)
 Chief Executive Officer

C/O RECKSON ASSOCIATES REALTY CORP., 625 RECKSON PLAZA

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

UNIONDALE, NY 11556

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount or Price		
Common Stock ⁽¹⁾	12/20/2006		M		26,750 A \$ 27.041	434,937	D
Common Stock ⁽¹⁾	12/20/2006		S		850 D \$ 45.66	434,087	D
Common Stock ⁽¹⁾	12/20/2006		S		300 D \$ 45.67	433,787	D
Common Stock ⁽¹⁾	12/20/2006		S		1,100 D \$ 45.68	432,687	D
	12/20/2006		S		450 D \$ 45.69	432,237	D

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Common Stock <u>(1)</u>							
Common Stock <u>(1)</u>	12/20/2006	S	1,750	D	\$ 45.7	430,487	D
Common Stock <u>(1)</u>	12/20/2006	S	2,100	D	\$ 45.71	428,387	D
Common Stock <u>(1)</u>	12/20/2006	S	2,200	D	\$ 45.72	426,187	D
Common Stock <u>(1)</u>	12/20/2006	S	2,300	D	\$ 45.73	423,887	D
Common Stock <u>(1)</u>	12/20/2006	S	100	D	\$ 45.74	423,787	D
Common Stock <u>(1)</u>	12/20/2006	S	9,900	D	\$ 45.75	413,887	D
Common Stock <u>(1)</u>	12/20/2006	S	2,650	D	\$ 45.76	411,237	D
Common Stock <u>(1)</u>	12/20/2006	S	4,200	D	\$ 45.77	407,037	D
Common Stock <u>(1)</u>	12/20/2006	M	23,250	A	\$ 25.666	430,287	D
Common Stock <u>(1)</u>	12/20/2006	S	3,313	D	\$ 45.77	426,974	D
Common Stock <u>(1)</u>	12/20/2006	S	1,336	D	\$ 45.78	425,638	D
Common Stock <u>(1)</u>	12/20/2006	S	1,300	D	\$ 45.79	424,338	D
Common Stock <u>(1)</u>	12/20/2006	S	7,951	D	\$ 45.8	416,387	D
Common Stock <u>(1)</u>	12/20/2006	S	600	D	\$ 45.81	415,787	D
Common Stock <u>(1)</u>	12/20/2006	S	1,999	D	\$ 45.82	413,788	D
Common Stock <u>(1)</u>	12/20/2006	S	500	D	\$ 45.83	413,288	D
Common Stock <u>(1)</u>	12/20/2006	S	1,100	D	\$ 45.84	412,188	D
Common Stock <u>(1)</u>	12/20/2006	S	2,901	D	\$ 45.85	409,287	D
Common Stock <u>(1)</u>	12/20/2006	S	500	D	\$ 45.86	408,787	D
	12/20/2006	S	100	D	\$ 45.87	408,687	D

Common Stock ⁽¹⁾							
Common Stock ⁽¹⁾	12/20/2006		S	150	D	\$ 45.88	408,537 D
Common Stock ⁽¹⁾	12/20/2006		S	50	D	\$ 45.89	408,487 D
Common Stock ⁽¹⁾	12/20/2006		S	250	D	\$ 45.9	408,237 D
Common Stock ⁽¹⁾	12/20/2006		S	50	D	\$ 45.91	408,187 ⁽²⁾ D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount or Number of Shares
Employee Stock Option (Right to Buy) ⁽¹⁾	\$ 27.041	12/20/2006		M	26,750	11/04/1997 11/03/2007	Common Stock 26,750
Employee Stock Option (Right to Buy) ⁽¹⁾	\$ 25.666	12/20/2006		M	23,250	01/09/1998 01/09/2008	Common Stock 23,250

Reporting Owners

Reporting Owner Name / Address

Relationships

Director 10% Owner Officer Other

RECHLER SCOTT H
C/O RECKSON ASSOCIATES REALTY CORP.
625 RECKSON PLAZA
UNIONDALE, NY 11556

X

Chief Executive Officer

Signatures

/s/ Scott H.
Rechler

12/22/2006

__Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On December 20, 2006, the registrant exercised employee stock options for an aggregate of 50,000 shares of common stock of Reckson Associates Realty Corp. (the "Company"), and subsequently sold such shares in the open market.
- (2) Includes 646 shares owned through the Company's 401(k) Plan. Mr. Rechler indirectly holds 2,929 shares of common stock in trust for his children, beneficial ownership of which is disclaimed by Mr. Rechler.
- (3) N/A

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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