STERLING BANCORP Form 3 May 18, 2005 FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 OMB approval

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person <u>*</u> Schprechman Joel M				2. Date of Event Requiring Statement (Month/Day/Year)	3. Issuer Name and Ticker or Trading Symbol STERLING BANCORP [STL]				
	(Last)	(First)	(Middle)	05/05/2005 4. Relationship of Reporting Person(s) to Issuer			5. If Amendment, Date Original Filed(Month/Day/Year)		
650 FIFTH AVENUE, 4TH					(Check all applicable)				
(Street) NEW YORK, NY 10019					Director10% Owner XOfficerOther (give title below) (specify below) Treasurer-Vice President		ow)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person	
	(City)	(State)	(Zip)	Table I - N	Non-Deriva	tive Securiti	es Bei	neficially Owned	
1.Title of Security (Instr. 4)				2. Amount o Beneficially (Instr. 4)		3.4. Nature of Indirect BeneficialOwnershipOwnershipForm:(Instr. 5)Direct (D)or Indirect(I)(Instr. 5)			
Co	ommon St	ock		2,834		D	Â		
	-	ort on a sepa or indirectly		ach class of securities benefic	ially S	SEC 1473 (7-02)		
		Perso infor requi	ons who res mation cont red to respo	pond to the collection of ained in this form are not ond unless the form disp MB control number.	t				

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Securities Underlying Derivative Security	4. Conversion or Exercise	1	6. Nature of Indirect Beneficial Ownership	
		(Instr. 4)	Price of	Derivative	(Instr. 5)	
	Date Exercisable	Title	Derivative	Security:		
			Security	Direct (D)		

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January 31,

2005

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		Expiration Date		Amount or Number of Shares		or Indirect (I) (Instr. 5)	
Incentive Stock Options (right to buy)	02/06/2003	02/06/2012	Common Stock	1,800	\$ 15.32	D	Â
Non-qualified Stock Options	03/22/2006(1)	03/22/2011	Common Stock	3,000	\$ 28.28	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships					
		10% Owner	Officer	Other		
Schprechman Joel M 650 FIFTH AVENUE 4TH FLOOR NEW YORK, NY 10019	Â	Â	Treasurer-Vice President	Â		
Signatures						
/s/ Schprechman, 05 Joel M	5/17/2005					

**Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).

Date

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Non-qualified stock options become exercisable in installments over a four year period, commencing on the first anniversary of the grant for a term of six years from the date of grant (first exercisable date listed).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.