AMERICAN HEALTHWAYS INC Form SC 13G/A February 06, 2003

SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Schedule 13G/A

(Rule 13d-102)

INFORMATION TO BE INCLUDED IN STATEMENTS FILED PURSUANT TO RULES 13d-1(b), (c), AND (d) AND AMENDMENTS THERETO FILED PURSUANT TO 13d-2(b)

(Amendment No. 11)

American Healthways, Inc					
(Name of Issuer)					
Common Stock, \$.001 par value					
(Title of Class of Securities)					
02649V 10					
(CUSIP Number)					
December 31, 2002					
(Date of Event Which Requires Filing of this Statement)					
Check the appropriate box to designate the rule pursuant to which this Schedule is filed:					
[] Rule 13d-1(b) [] Rule 13d-1(c) [x] Rule 13d-1(d)					
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(P NO. <u>02649V 10</u> (1) NAMES OF 1			13G/A EPORTING PERSON		
	I.R.S. IDENT	IFICATIO	ON NO. OF ABOVE PERSON (ENTITIES ONLY)		
	Thomas G. C	Cigarran			
(2)	(2) CHECK THE APPR		PRIATE BOX IF A MEMBER OF A GROUP*	(a) (b) (a)	
(3)	SEC USE ONLY				
(4)	CITIZENSHI	P OR PLA	ACE OF ORGANIZATION		
	United States	S			
NUMBER OF SHARES BENEFICIALLY		(5)	SOLE VOTING POWER		
			1,141,128		
		(6)	SHARED VOTING POWER		
	OWNED BY EACH		0		
			SOLE DISPOSITIVE POWER		
REPORTING PERSON WITH			1,141,128		
		(8)	SHARED DISPOSITIVE POWER		
			0		
(9)	AGGREGAT REPORTING		NT BENEFICIALLY OWNED BY EACH		
	1,141,128				
(10)	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES*			(a) c	

FERCEN	IT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)
7.3%	
TYPE OI	F REPORTING PERSON*
IN	

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Item 1(a)	Name of Issuer:		American (AMHC			
Item 1(b)	Address of Issuer s Principal Executive Offices:			3841 Green Hills Village Drive Nashville, Tennessee 37215		
Item 2(a)	Name of Person Filing:		Thomas G	Thomas G. Cigarran		
Item 2(b)	Address of Principal Business Office:			3841 Green Hills Village Drive Nashville, Tennessee 37215		
Item 2(c)	Organization/Citizenship:		United Sta	tes citizen		
Item 2(d)	Title of Class of Securities:		Common s	stock, \$.001 par v n Stock)	value	
Item 2(e)	CUSIP Number:		02649V 10)		
Item 3.	Inapplicable.					
Item 4.	Ownership.					
Person	Total Shares of AMHC Common Stock Beneficially Owned	Percent of Class(1)	Sole Voting Power	Shared Voting Power	Sole Power to Dispose	to
Thomas G. Cigarran	1,141,128(2)	7.3%	1,141,128		1,141,12	8

⁽¹⁾ Based on 15,425,314 shares of Common Stock outstanding as of December 31, 2002, plus 290,000 shares of Common Stock subject to options held by the reporting person, which are exercisable within 60 days of December 31, 2002.

⁽²⁾ Includes 290,000 shares which the reporting person had the right to acquire within 60 days of December 31, 2002 upon exercise of options.

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Item 5.	Ownership of Five Pe	rcent or Less of a Class.	
	Inapplicable.		
Item 6.	Ownership of More th	an Five Percent on Behalf of Another Person.	
	Inapplicable.		
Item 7.	Identification and Cla Control Person.	ssification of the Subsidiary Which Acquired the Security Being Reported of	on by the Parent Holding Company or
	Inapplicable.		
Item 8.	Identification and Cla	ssification of Members of the Group.	
	Inapplicable.		
Item 9.	Notice of Dissolution	of Group.	
	Inapplicable.		
Item 10.	Certification.		
	Inapplicable.		

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 SIGNATURE
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After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

February 4, 2003

/s/ Thomas G. Cigarran

(Signature)

Thomas G. Cigarran, Chairman and Chief Executive Officer, American Healthways, Inc. (Name/Title)