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AVISTA COR Form 4 August 28, 200											
FORM	4					~~~				PROVAL	
	UNITED S	TATES SE			ND EX D.C. 20		NGE C	OMMISSION	OMB Number:	3235-0287	
Check this if no longer subject to Section 16. Form 4 or Form 5 obligations may continu <i>See</i> Instruct 1(b).	ENT OF C uant to Sect) of the Pub 30(h) of t	HANG S ion 16(lic Util	SES IN B SECUR (a) of the ity Hold	Expires: January 31, 2005 Estimated average burden hours per response 0.5							
(Print or Type Res	sponses)										
1. Name and Add MALQUIST	dress of Reporting Po MALYN K	Syr	nbol	Vame and CORP	Ticker or	Tradin	g	5. Relationship of I Issuer			
(Last)	(First) (M			Earliest Tr				(Check	all applicable)	
1411 E MISS		(Month/Day/Year) 08/27/2007					Director 10% Owner X Officer (give title Other (specify below) Executive Vice President & CFO				
SPOKANE, V	(Street) VA 99202			lment, Da /Day/Year	te Origina	l		6. Individual or Joi Applicable Line) _X_ Form filed by O Form filed by Me Person	ne Reporting Per	son	
(City)	(State) (Z	Zip)	Table	I - Non-D	erivative	Securi	ties Acai	iired, Disposed of,	or Beneficiall	v Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		l Date, if	3. Transact Code (Instr. 8)	4. Secur ior(A) or I (Instr. 3	rities A Dispose , 4 and (A) or	cquired d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect	
Common Stock	08/27/2007			Р	500	A	\$ 19.49	9,500	Ι	Family Trust <u>(1)</u>	
Common Stock								28,255	D		
Common Stock held in 401(k) Investment Plan								2,732	I	by Trustee	
Common Stock held								9,659	Ι	by Trustee	

in Executive Deferral Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Unde Secur	le and unt of rlying rities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
1 0	Director	10% Owner	Officer	Other				
MALQUIST MALYN K 1411 E MISSION AVENUE SPOKANE, WA 99202			Executive Vice President & CFO					
Signatures								

/s/ Malyn K. 08/28/2007 Malquist

<u>**</u>Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Shares held in the Malquist Family Trust, dated February 5, 1999, with Malyn K. Malquist and Georgia G. Malquist, Trustees.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.