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WOODWORT Form 4 February 11, 20									
FORM	Л							OMB AF	PROVAL
	UNITED ST	TATES SECURI Washi	FIES ANI ington, D			GE C	OMMISSION	OMB Number:	3235-0287
Check this b if no longer subject to Section 16.		IGES IN BENEFICIAL OWNERSHIP O SECURITIES				NERSHIP OF	Expires: Estimated a		
Form 4 or Form 5 obligations may continu <i>See</i> Instruct 1(b).	Bection 17(a)	ant to Section 16(a of the Public Utili 30(h) of the Inve	a) of the S ty Holdin	Securitie g Comp	any A	Act of	1935 or Section	burden hour response	s per 0.5
(Print or Type Res	ponses)								
1. Name and Add WOODWOR	ress of Reporting Per ΓΗ ROGER D	Symbol	ame and Ti		ading		5. Relationship of I Issuer	Reporting Pers	on(s) to
(Last)	(First) (Mid		AVISTA CORP [AVA] 3. Date of Earliest Transaction			(Check	all applicable)	
1411 E MISSI	ON AVE	(Month/Day 02/07/201					Director X Officer (give below) VP Chief		Owner r (specify cer
	(Street)	4. If Amender Filed(Month/		Original			6. Individual or Joi Applicable Line) _X_ Form filed by O Form filed by M	ne Reporting Per	rson
SPOKANE, W	VA 99202						Person	ore than one Rej	porting
(City)	(State) (Zi	ip) Table I	- Non-Deri	ivative Se	curiti	es Acq	uired, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		3. Transactio Code (Instr. 8)	Disposed	l (A) d l of (E))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common			Code V	Amount		Price	(Instr. 3 and 4)		
Stock - Restricted Shares	02/07/2013		А	1,300	Α	<u>(1)</u>	25,794.876	D	
Common Stock held in 401(k) Investment Plan							21,770.2568	I	by Trustee
Common Stock held in IRA							400	I	by Trustee

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Common Stock held by spouse	1,000	Ι	by spouse
Common Stock held by Child, Patrick Woodworth	140.373	Ι	by Child
Common Stock held in Executive Deferral Account	9,105.8978	I	by Trustee

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number onof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exer Expiration D (Month/Day	Date	7. Title and A Underlying S (Instr. 3 and 4	Securities	8. D S((I
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Performance Grant for 2013	<u>(2)</u>	02/07/2013	А	5,100	(3)	(3)	Common Stock	5,100	4)

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
WOODWORTH ROGER D							
1411 E MISSION AVE			VP Chief Strategic Officer				
SPOKANE, WA 99202							

Signatures

/s/Roger D. Woodworth

02/11/2013

<u>Signature</u>	of Reporting
Per	rson

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted Shares vest 1/3 each year over a 3-year period and are payable in Avista Corp. Common Stock at the end of each year in the 3-year period.
- (2) No conversion price. Shares awarded if performance measure is met.
- (3) Each performance cycle is 3 years in length. Shares will be issued at the end of each 3-year cycle if performance measure is met.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.