KENSOK JAMES M

Form 4

February 25, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB

OMB APPROVAL

Number:

3235-0287

Expires:

January 31, 2005

0.5

Estimated average burden hours per

response...

if no longer subject to Section 16. Form 4 or

Check this box

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

| 1. Name and A KENSOK JA | ^ | orting Person * | 2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA] | 5. Relationship of Reporting Person(s) to Issuer | | | |
|----------------------------|----------------|-----------------|--|---|--|--|--|
| (Last) | (First) | (Middle) | 3. Date of Earliest Transaction | (Check all applicable) | | | |
| 1411 E MISSION AVENUE | | | (Month/Day/Year) 02/22/2013 | Director 10% Owner X Officer (give title Other (specification) below) Vice President | | | |
| | (Street) | | 4. If Amendment, Date Original Filed(Month/Day/Year) | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person | | | |
| SPOKANE, WA 99202 | | | | Form filed by More than One Reporting Person | | | |
| (City) | (State) | (Zip) | Table I - Non-Derivative Securities | Acquired, Disposed of, or Beneficially Owner | | | |
| 1 Title of | 2 Transportion | Data 24 Daa | mad 2 4 Saguirties Assuires | d(A) 5 Amount of 6 7 Notes | | | |

| | | Tuble 1 Tront Derivative Securities frequired, Disposed of, or Denemany Switch | | | | | | | | | |
|-----------------|---------------------|--|--|-----------|--------|---------------|------------------|-------------|--------------|--|--|
| 1.Title of | 2. Transaction Date | 2A. Deemed | 3. | 4. Securi | ties A | cquired (A) | 5. Amount of | 6. | 7. Nature of | | |
| Security | (Month/Day/Year) | Execution Date, if | Execution Date, if Transaction Disposed of (D) | | | | | Ownership | Indirect | | |
| (Instr. 3) | | any | Code (Instr. 3, 4 and 5) | | | Beneficially | Form: | Beneficial | | | |
| | | (Month/Day/Year) | (Instr. 8) |) | | | Owned | Direct (D) | Ownership | | |
| | | | | | | | Following | or Indirect | (Instr. 4) | | |
| | | | | | (4) | | Reported | (I) | | | |
| | | | | | (A) | | Transaction(s) | (Instr. 4) | | | |
| | | | C + V | | or | ъ. | (Instr. 3 and 4) | | | | |
| | | | Code V | Amount | (D) | Price | | | | | |
| Common Stock | 02/22/2013 | | S | 700 | D | \$ 25.8376 | 6,845 | D | | | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Edgar Filing: KENSOK JAMES M - Form 4

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transactio Code (Instr. 8) | 5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) | | ate | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | of ng s | 8. Price of Derivative Security (Instr. 5) | 9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr |
|---|---|---|---|--|---|---------------------|--------------------|---|---------------|---|---|
| | | | | Code V | (Instr. 3, 4, and 5) (A) (D) | Date Exercisable | Expiration Date | or Title Nu of | umber | | |

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

KENSOK JAMES M 1411 E MISSION AVENUE SPOKANE, WA 99202

Vice President

Signatures

/s/James M. 02/25/2013 Kensok

**Signature of Date Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2