THIES MARK T Form 4/A March 12, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION O

OMB 3335

Check this box

Number: 3235-0287

Synings: January 31,

OMB APPROVAL

if no longer subject to Section 16. Form 4 or Expires: 2005

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Estimated average burden hours per response... 0.5

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

tion 30(n) of the Investment Company Act of 196

(Print or Type Responses)

1(b).

1. Name and Address of Reporting Person * THIES MARK T			2. Issuer Name and Ticker or Trading Symbol AVISTA CORP [AVA]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last)	(First)	(Middle)	3. Date of Earliest Transaction				(Check all applicable)				
1411 E MISSION AVE			(Month/Day/Year) 02/11/2019				Director 10% Owner Officer (give title Other (specify below) Senior Vice President				
	4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check					
		Filed(Month/Day/Year) 02/12/2019					Applicable Line) _X_ Form filed by One Reporting Person				
SPOKANE, WA 99202			02/12/20	02/12/2017				Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table	I - Non-De	rivative S	ecurit	ties Acq	uired, Disposed (of, or Beneficial	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction I (Month/Day/Ye	ear) Execut any	eemed tion Date, if h/Day/Year)	3. Transaction Code (Instr. 8)	Disposed (Instr. 3,	l (A) of (D) 4 and (A) or))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock - Restricted Share Grant	02/11/2019			A	3,812	A	(1)	110,173	D		
Shares held by Spouse at Broker								5,751	I	held by Spouse	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (Instr. 8)	5. Number of ionDerivative Securities Acquired (A) or Disposed o (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Performance Share Grant for 2019	<u>(2)</u>	02/11/2019		A	11,436	(3)	(3)	Common Stock	11,436

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

THIES MARK T

1411 E MISSION AVE Senior Vice President

SPOKANE, WA 99202

Signatures

/s/Mark T. Thies 03/12/2019

**Signature of Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted Shares vest 1/3 each year over a 3-year period and are payable in Avista Corp. Common Stock at the end of each year in the 3-year period.
- (2) No conversion price. Shares awarded if performance measure is met.
- (3) Each performance cycle is 3 years in length. Shares will be issued at the end of each 3-year cycle if performance measure is met.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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