SAIA INC Form 4 December 01, 2014

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

January 31,

Check this box if no longer subject to Section 16. Form 4 or Expires:
NGES IN RENEFICIAL OWNERSHIP OF

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 5 obligations may continue. Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

See Instruction 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * ODELL RICHARD D			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer			
			SAIA INC [SAIA]	(Check all applicable)			
(Last)	(First) (M	Middle)	3. Date of Earliest Transaction				
			(Month/Day/Year)	Director 10% Owner			
11465 JOHNS CREEK PARKWAY,			11/26/2014	_X_ Officer (give title Other (specify below)			
SUITE 400				President & CEO of Saia			
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
			Filed(Month/Day/Year)	Applicable Line)			
				X Form filed by One Reporting Person Form filed by More than One Reporting			
IOHNG CREE	EK GA 30007			rottii fficu by More than One Reporting			

JOHNS CREEK, GA 30097

(City)	(State)	(Zip) Tab	ole I - Non-	Derivative	Secui	rities Acquii	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	omr Dispos (Instr. 3, 4	ed of (4 and 5 (A) or	` ′	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	11/26/2014		Code V M	Amount 29,610	(D)	\$ 10.9267	91,503.5	D	
Common Stock	11/26/2014		S	29,610	D	\$ 54.2476 (1)	61,893.5	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Person

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number or Shares
Stock Options (Right to Buy)	\$ 10.9267	11/26/2014		M		29,610	05/02/2014	05/01/2018	Common Stock	29,61
Phantom Stock	<u>(2)</u>						<u>(3)</u>	<u>(4)</u>	Common Stock	43,070.5
Stock Options (Right to Buy)	\$ 27.28						04/30/2016	04/29/2020	Common Stock	45,88:
Stock Options (Right to Buy)	\$ 31.5						02/04/2017	02/03/2021	Common Stock	39,60
Stock Options (Right to Buy)	\$ 11						02/02/2015	02/02/2019	Common Stock	52,950

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			

ODELL RICHARD D 11465 JOHNS CREEK PARKWAY, SUITE 400 JOHNS CREEK, GA 30097

President & CEO of Saia

Signatures

/s/ Stephanie R. 12/01/2014 Maschmeier

**Signature of Reporting Date
Person

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The prices reported in column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$54.00 to \$54.84, inclusive. The reporting person undertakes to provide the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the securities and Exchange Commission.
- Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this Form 4.
- (2) The conversion rate of this derivative security on November 26, 2014 is 1.203 resulting in 51,811.80 shares of common stock (underlying security in column 7).
- (3) Immediate
- (4) The shares of phantom stock become payable in the Company's stock upon the reporting person's termination of service as an employee, in accordance with the terms of the Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.