Symmetry Medical Inc. Form 8-K April 30, 2012	,,	
UNITED STATES		
SECURITIES AND EXCHANGE COMMISSION		
Washington, D.C. 20549		
FORM 8-K		
CURRENT REPORT		
Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934		
Date of Report (Date of earliest event reported): April 30, 2012		
SYMMETRY MEDICAL INC.		
(Exact name of Registrant as specified in its charter)		
(State or other jurisdiction	001-32374 (Commission File Number)	35-1996126 (IRS Employer Identification No.)
3724 N State Road 15, Warsaw, Indiana 46582		
(Address of Principal executive offices, including Zip Code)		

(574) 268-2252

 $(Registrant's\ telephone\ number, including\ area\ code)$

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(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

oWritten communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

oPre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

oPre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 8.01. Other Events

On April 30, 2012 Symmetry Medical Inc. ("the Company") released a press release entitled, "Symmetry Medical to Present at the 2012 Bank of America Merrill Lynch Health Care Conference," in which the Company announced that it will present at the 2012 Bank of America Merrill Lynch Health Care Conference being held in Las Vegas May 16, 2012. The Company will present at 4:20 p.m. A live webcast will be available on the Company's web site. Further details are included in the press release, which is being furnished as Exhibit 99.1.

Item 9.01. Financial Statements and Exhibits

(d) Exhibits

99.1 "Symmetry Medical to Present at the 2012 Bank of America Merrill Lynch Health Care Conference," Press Release issued by Symmetry Medical, Inc. dated April 30, 2012.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Symmetry Medical Inc.

/s/ Fred L. Hite

Date: April 30, 2012 Name: Fred L. Hite

Title: Chief Financial Officer

EXHIBIT INDEX

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Exhibit

Description

No.

"Symmetry Medical to Present at the 2012 Bank of America Merrill Lynch Health Care Conference," Press Release issued by Symmetry Medical, Inc. dated April 30, 2012.