Prestige Brands Holdings, Inc.

Form 4

Common Stock, par

value \$0.01 per share

11/14/2016

November 15, 2016

<b>FORM</b>	1 <u>4</u>								PPROVAL	
	Washington, D.C. 20549							OMB Number:	3235-0287	
Check the if no lon	ger		F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES  Section 16(a) of the Securities Exchange Act of 1934,				Expires:	January 31, 2005		
subject t Section Form 4 o Form 5	51A) 16. or Filed						Estimated burden hou response	average urs per		
obligation may con <i>See</i> Instraction 1(b).	ons tinue. Section	17(a) of the	Public Ut	ility Hold		y Act of	1935 or Section	on		
(Print or Type	Responses)									
1. Name and Address of Reporting Person * P'Pool William			2. Issuer Name <b>and</b> Ticker or Trading Symbol				5. Relationship of Reporting Person(s) to Issuer			
			Prestige Brands Holdings, Inc. [PBH]				(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of (Month/D	Earliest Tra	ansaction		Director _X_ Officer (given	ve title Oth	% Owner ner (specify	
660 WHITE PLAINS ROAD (Street)			11/14/2016  4. If Amendment, Date Original Filed(Month/Day/Year)				below) SVP, Gen Counsel & Corp Sec.  6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
TARRYTO	WN, NY 105	91					Form filed by Person	More than One R	eporting	
(City)	(State)	(Zip)	Table	e I - Non-D	erivative Secur	rities Acq	uired, Disposed o	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction (Month/Day/	any	eemed tion Date, if n/Day/Year)	3. Transactic Code (Instr. 8)	4. Securities on Acquired (A) Disposed of (I (Instr. 3, 4 and (A)	or D) d 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	

Code V Amount (D) Price

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

A

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SEC 1474

(9-02)

D

(Instr. 3 and 4)

\$0 2,664

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# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 50.06	11/14/2016		A	13,683	<u>(2)</u>	11/14/2026	Common Stock	13,683

# **Reporting Owners**

Reporting Owner Name / Address	Relationships						
reporting of more runner, remarks	Director	10% Owner	Officer	Other			
P'Pool William			SVP, Gen				
660 WHITE PLAINS ROAD			Counsel &				
TARRYTOWN, NY 10591			Corp Sec.				

## **Signatures**

/s/ William P'Pool by Christine Sacco, attorney-in-fact pursuant to power of attorney dated November 15, 2016 on file with the Commission

11/15/2016

\*\*Signature of Reporting Person

Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The restricted stock units vest on November 14, 2019.
- (2) The option vests in three annual installments as follows: 4,561 shares on each of November 14, 2017, 2018 and 2019.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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