ANGLO SWISS RESOURCES IN	<b>IC</b>
Form 6-K	
July 08, 2004	

**Attachments:** 

Press Release.

1.

### FORM 6K

SECURITIRES & EXCHANGE COMMISSION
Washington, D.C. 20549
REPORT OF A FOREIGN ISSUER
Pursuant to Rule 13a - 16 or 15d - 16
The Securities Exchange Act of 1934
ANGLO SWISS RESOURCES INCORPORATED (File # 0-08797)
(Translation of the Registrant's Name into English
)
#1904-837 West Hastings Street, Vancouver, B.C. Canada, V6C 3N7
(Address of principal Executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20F or Form 40F.

FORM 20 F <u>X</u> FORM 40F
Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3 2 (b) under the Securities Act of 1934.
YES NO X
SIGNATURES
Pursuant to the requirements of the Securities Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.
ANGLO SWISS RESOURCES INC.
(Registrant)
Dated: <u>July 7, 2004</u>
BY:  Chris Robbins
<u>Chris Robbins</u>
It s <u>Vice President</u>
(Title)

### ANGLO SWISS RESOURCES INC.

## SUITE 1904 837 WEST HASTINGS STREET

#### VANCOUVER. BC V6C 3N7

604-683-0484

July 7, 2004 <b>VIA ED</b>	GAR
Securities & Exchange Commission	
450 Fifth Street N.W.	
Washington, D.C.	
USA 20549	
Dear Sir or Madam:	
RE:	
ANGLO SWISS RESOURCES INC.	
SEC FILE NO. 0-08797	
FORM 6K	
On behalf of Anglo Swiss Resources Inc., a corporation under the laws of British Columbia, Canada, we enclose filing, one (1) copy of Form 6-K, including exhibits.	for

If you have any questions, please contact the undersigned at your convenience.

Yours truly,
ANGLO SWISS RESOURCES INC.
Chris Robbins
Per:
Chris Robbins
Vice President

#### Schedule A

ANGLO SWISS RESOURCES INC.

#1904 - 837 West Hastings Street Vancouver, B.C. V6C 3N7

July 7, 2004

TSX Venture: ASW

OTC Bulletin Board: ASWRF

Berlin: AMO

#### ANGLO SWISS EXPANDS ITS GEM PROPERTIES

Anglo Swiss Resources Inc. (TSX-Venture-ASW, OTC BB ASWRF, Berlin - AMO) has acquired 28 mineral claim units in the Nelson Mining District to add to its current gem property in the Slocan/Nelson Mining Districts known as the Blu Starr Gemstone property. The McAllister and Pipe Groups are contiguous and are located to the southeast of the Blu Starr property.

Anglo Swiss is targeting South-eastern British Columbia for its gem potential as its current discoveries of gemstone (sapphire, iolite, garnet) and a large flake-graphite showing are proof that this area has been long over looked for precious gem deposits. The recent discoveries of emerald, sapphire, opal and the emergence of the diamond industry throughout Canada have greatly advanced investor acceptance of the potential of Canadian gemstones.

Because the geology of B.C. is very complex, it includes geological settings favourable for hosting a wide variety of gemstones. Large areas of B.C. are underlain by high-grade metamorphic rocks similar to those hosting gem deposits in East Africa and those believed to be the source of the gems found in placer deposits in Sri Lanka. B.S. Wilson (1997) Gemstone Occurrences in British Columbia, Canadian Gemmologist, 18(3) p. 74-86.

The Blu Starr Gemstone property is located in the Slocan Valley, South-eastern British Columbia. The property consists of 6200 hectares (15,312 acres) of mineral tenure rights plus an additional 650 hectares (1606 acres) of placer mineral rights contained in 13 placer claims. Exploration to-date on less than 10% of the claim group has yielded dozens of gem outcrops at surface. The Sapphire Hill Zones 1, 2 and 3 from east to west, occur along a strike length of almost 2 kilometres. The property hosts numerous occurrences of sapphire (15), iolite or gem-cordierite (11), gemstone quality garnet (2), as well as a flake graphite deposit; other minerals include aquamarine (beryl), tourmaline, titanite, moonstone and several varieties of quartz crystals.

Previous exploration has confirmed that the geological setting and potential gem grades (carats per tonne) of the numerous showings are extremely promising. Proposed 2004 work programs have been submitted on the Blu Starr property and are awaiting approval from the Ministry of Energy and Mines.

On behalf of the Board,

"Len Danard"
President & CEO

For further information please contact:

Anglo Swiss Resources Inc. or Investor Relations at

Daimler Partners Telephone: 604-683-0484

Mr. Peter Holt

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THE TSX VENTURE EXCHANGE HAS NOT REVIEWED AND DOES NOT ACCEPT REPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS RELEASE.