

SMITH & NEPHEW PLC  
Form 6-K  
February 20, 2009

**SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, D.C. 20549**

**Report of Foreign Private Issuer**

**Pursuant to Rule 13a-16 or 15d-16  
of the Securities Exchange Act of  
1934**

February 20, 2009

Commission File Number 001-14978

**SMITH & NEPHEW plc**  
(Registrant's name)

**15 Adam Street**  
**London, England WC2N 6LA**  
(Address of registrant's principal executive offices)

[Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.]

Form 20-F	X	Form 40-F	
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[Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1).]

Yes	No	X
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[Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7).]

Yes	No	X
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[Indicate by check mark whether by furnishing the information contained in this Form, the registrant is also thereby furnishing information to the

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Commission pursuant to Rule 12g3-2 (b) under the Securities Exchange Act of 1934.]

Yes

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No

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If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2 (b) : 82- n/a.

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Smith & Nephew Plc  
(Registrant)

Date: February 20, 2009

By: /s/ Paul Chambers  
-----  
Paul Chambers  
Company Secretary

BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically.

To: The FSA

Date: 20 February 2009

Name of applicant: Smith & Nephew plc

Name of scheme: 1985 Executive Share Option  
Scheme

Period of return: From:24 July 2008 To:23 January 2009

Balance under 12,863  
scheme from previous  
return:

The amount by which N/A  
the block scheme has  
been increased, if the  
scheme has been  
increased since the  
date of the last return:

Number of securities 850  
issued/allotted under  
scheme during period:

Balance under 12,013  
scheme not yet  
issued/allotted at end  
of period

Number and class of 30,000 Ordinary Shares of US\$  
securities originally 20 cents each listed  
listed and the date of on 13 February 2007  
admission

Total number of 883,272,306 ordinary shares of  
securities in issue at US\$ 20 cents each are in  
the end of the period issue. 66,634,911 ordinary shares  
of US\$20 cents each are held in  
treasury.

Name of contact: Gemma Parsons

Address of contact:

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15 Adam  
Street, London, WC2N 6LA

Telephone number of contact: 0207 960 2228

SIGNED BY Paul Chambers, Company Secretary

for and on behalf of

Smith & Nephew plc

If you knowingly or recklessly give false or misleading information you may be liable to prosecution.

BLOCK LISTING SIX MONTHLY RETURN

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To: The FSA

Date: 20 February 2009

Name of applicant: Smith & Nephew plc

Name of scheme: 1990 International Executive  
Share Option Scheme

Period of return: From:24 July 2008 To:23 January 2009

Balance under 726,881  
scheme from previous  
return:

The amount by which N/A  
the block scheme has  
been increased, if the  
scheme has been  
increased since the  
date of the last return:

Number of securities 66,829  
issued/allotted under  
scheme during period:

Balance under 660,052  
scheme not yet  
issued/allotted at end  
of period

Number and class of 1,850,000 ordinary shares of US\$  
securities originally 20 cents each on 23 January  
listed and the date of 2006  
admission

Total number of 883,272,306 ordinary shares of  
securities in issue at US\$ 20 cents each are in  
the end of the period issue. 66,634,911 ordinary shares  
of US\$20 cents each are held in  
treasury.

Name of contact: Gemma Parsons

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To: The FSA

Date: 20 February 2009

Name of applicant: Smith & Nephew plc

Name of scheme: 1991 Overseas Employee Share  
Option Scheme

Period of return: From:24 July 2008 To:23 January 2009

Balance under 14,930  
scheme from previous  
return:

The amount by which N/A  
the block scheme has  
been increased, if the  
scheme has been  
increased since the  
date of the last return:

Number of securities 14,930 (Cancelled)  
issued/allotted under  
scheme during period:

Balance under 0  
scheme not yet  
issued/allotted at end  
of period

Number and class of 27,500 ordinary shares of US\$ 20  
securities originally cents each originally listed on 23  
listed and the date of January 2006  
admission

Total number of 883,272,306 ordinary shares of  
securities in issue at US\$ 20 cents each are in  
the end of the period issue. 66,634,911 ordinary shares  
of US\$20 cents each are held in  
treasury.

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To: The FSA

Date: 20 February 2009

Name of applicant: Smith & Nephew plc

Name of scheme: 2001 UK Approved Share Option Scheme

Period of return: From:24 July 2008 To:23 January 2009

Balance under 307,975  
scheme from previous  
return:

The amount by which N/A  
the block scheme has  
been increased, if the  
scheme has been  
increased since the  
date of the last return:

Number of securities 72,350  
issued/allotted under  
scheme during period:

Balance under 235,625  
scheme not yet  
issued/allotted at end  
of period

Number and class of 500,000 ordinary shares of US\$  
securities originally 20 cents each listed on 23  
listed and the date of January 2006  
admission

Total number of 883,272,306 ordinary shares of  
securities in issue at US\$ 20 cents each are in  
the end of the period issue. 66,634,911 ordinary shares  
of US\$20 cents each are held in  
treasury.

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To: The FSA

Date: 20 February 2009

Name of applicant: Smith & Nephew plc

Name of scheme: 2001 UK Unapproved Share  
Option Scheme

Period of return: From:24 July 2008 To:23 January 2009

Balance under 1,156,209  
scheme from previous  
return:

The amount by which N/A  
the block scheme has  
been increased, if the  
scheme has been  
increased since the  
date of the last return:

Number of securities 406,200  
issued/allotted under  
scheme during period:

Balance under 750,009  
scheme not yet  
issued/allotted at end  
of period

Number and class of 1,000,000 ordinary shares of US\$  
securities originally 20 cents each listed on  
listed and the date of 13 February 2007. 500,000  
admission ordinary shares of US\$ 20 cents  
listed on 2 August 2007.

Total number of 883,272,306 ordinary shares of  
securities in issue at US\$ 20 cents each are in  
the end of the period issue. 66,634,911 ordinary shares  
of US\$20 cents each are held in  
treasury.

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To: The FSA

Date: 20 February 2009

Name of applicant: Smith & Nephew plc

Name of scheme: 2001 US Share Option Scheme

Period of return: From:24 July 2008 To:23 January 2009

Balance under 212,700  
scheme from previous  
return:

The amount by which 2,000,000  
the block scheme has  
been increased, if the  
scheme has been  
increased since the  
date of the last return:

Number of securities 626,585  
issued/allotted under  
scheme during period:

Balance under 1,586,115  
scheme not yet  
issued/allotted at end  
of period

Number and class of 1,500,000 ordinary shares of US\$  
securities originally 20 cents each listed on  
listed and the date of 13 February 2007. 1,000,000  
admission ordinary shares of US\$ 20 cents  
each listed on 2 August  
2007. 2,000,000 ordinary shares  
of US\$ 20 cents each listed on 10  
September 2008.

Total number of 883,272,306 ordinary shares of  
securities in issue at US\$ 20 cents each are in

the end of the period issue. 66,634,911 ordinary shares  
of US\$20 cents each are held in  
treasury.

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To: The FSA

Date: 20 February 2009

Name of applicant: Smith & Nephew plc

Name of scheme: International Employees Share  
Option Scheme

Period of return: From:24 July 2008 To:23 January 2009

Balance under 434,980  
scheme from previous  
return:

The amount by which 1,000,000  
the block scheme has  
been increased, if the  
scheme has been  
increased since the  
date of the last return:

Number of securities 122,059  
issued/allotted under  
scheme during period:

Balance under 1,312,921  
scheme not yet  
issued/allotted at end  
of period

Number and class of 1,000,000 ordinary shares of US\$  
securities originally 20 cents each listed on 23  
listed and the date of January 2006. 1,000,000 ordinary  
admission shares of US\$ 20 cents each  
listed on 10 September 2008.

Total number of 883,272,306 ordinary shares of  
securities in issue at US\$ 20 cents each are in

the end of the period issue. 66,634,911 ordinary shares  
of US\$20 cents each are held in  
treasury.

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To: The FSA

Date: 20 February 2009

Name of applicant: Smith & Nephew plc

Name of scheme: UK Employee Share Option  
Scheme

Period of return: From:24 July 2008 To:23 January 2009

Balance under 262,875  
scheme from previous  
return:

The amount by which 1,500,000  
the block scheme has  
been increased, if the  
scheme has been  
increased since the  
date of the last return:

Number of securities 370,630  
issued/allotted under  
scheme during period:

Balance under 1,392,245  
scheme not yet  
issued/allotted at end  
of period

Number and class of 1,500,000 ordinary shares of US\$  
securities originally 20 cents each listed on 23  
listed and the date of January 2006. 1,500,000 ordinary  
admission shares of US\$ 20 cents each  
listed on 10 September 2008.

Total number of securities in issue at the end of the period 883,272,306 ordinary shares of US\$ 20 cents each are in issue. 66,634,911 ordinary shares of US\$20 cents each are held in treasury.

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To: The FSA

Date: 20 February 2009

Name of applicant: Smith & Nephew plc

Name of scheme: 2004 Performance Share Plan

Period of return: From:24 July 2008 To:23 January 2009

Balance under 662,509  
scheme from previous  
return:

The amount by which N/A  
the block scheme has  
been increased, if the  
scheme has been  
increased since the  
date of the last return:

Number of securities 4,926  
issued/allotted under  
scheme during period:

Balance under 657,583  
scheme not yet  
issued/allotted at end  
of period

Number and class of 750,000 ordinary shares of US\$  
securities originally 20 cents each listed on 13  
listed and the date of February 2007  
admission

Total number of securities in issue at the end of the period 883,272,306 ordinary shares of US\$ 20 cents each are in issue. 66,634,911 ordinary shares of US\$20 cents each are held in treasury.

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To: The FSA

Date: 20 February 2009

Name of applicant: Smith & Nephew plc

Name of scheme: 2004 Executive Share Option  
Plan

Period of return: From:24 July 2008 To:23 January 2009

Balance under 824,011  
scheme from previous  
return:

The amount by which N/A  
the block scheme has  
been increased, if the  
scheme has been  
increased since the  
date of the last return:

Number of securities 103,520  
issued/allotted under  
scheme during period:

Balance under 720,491  
scheme not yet  
issued/allotted at end  
of period

Number and class of 1,000,000 ordinary shares of US\$  
securities originally 20 cents each listed on 13  
listed and the date of February 2007

admission

Total number of securities in issue at the end of the period 883,272,306 ordinary shares of US\$ 20 cents each are in issue. 66,634,911 ordinary shares of US\$20 cents each are held in treasury.

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To: The FSA

Date: 20 February 2009

Name of applicant: Smith & Nephew plc

Name of scheme: 2004 Co-investment Plan

Period of return: From:24 July 2008 To:23 January 2009

Balance under 577,086  
scheme from previous  
return:

The amount by which N/A  
the block scheme has  
been increased, if the  
scheme has been  
increased since the  
date of the last return:

Number of securities 44,572  
issued/allotted under  
scheme during period:

Balance under 532,514  
scheme not yet  
issued/allotted at end  
of period

Number and class of 750,000 ordinary shares of US\$  
securities originally 20 cents each listed on 13  
listed and the date of February 2007  
admission

Total number of securities in issue at the end of the period 883,272,306 ordinary shares of US\$ 20 cents each are in issue. 66,634,911 ordinary shares of US\$20 cents each are held in treasury.

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