SMITH & NEPHEW PLC Form 6-K November 16, 2010

SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16 of the Securities Exchange Act of 1934

November 15, 2010

Commission File Number 001-14978

SMITH & NEPHEW plc (Registrant's name)

15 Adam Street London, England WC2N 6LA (Address of registrant's principal executive offices)

[Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.]

Form 20-F X Form 40-F

[Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1).]

Yes No X

[Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7).]

Yes No X

[Indicate by check mark whether by furnishing the information contained in this Form, the registrant is also thereby furnishing information to the Commission pursuant to Rule 12g3-2 (b) under the Securities Exchange Act of 1934.]

Yes No X

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If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2 (b): 82- n/a.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1 signed on its behalf by the undersigned thereunto duly authorized	· · · · · · · · · · · · · · · · · · ·
	Smith & Nephew Plc (Registrant)
Date: November 15, 2010	
	By: /s/ Susan Henderson
Susan Henderson	Company Secretary

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Smith & Nephew plc

15 November 2010

Smith & Nephew plc - Transaction in Own Shares

Smith & Nephew plc announces that on 12 November 2010 it transferred a total of 32,823 ordinary shares of US\$0.20 each to participants of the Smith & Nephew ShareSave Plan and the Smith & Nephew International ShareSave Plan, who had exercised options following maturity on 1 November 2010.

The shares, which were all formerly held as Treasury shares, were transferred as follows:

- · 452 ordinary shares at an exercise price of 576.5p per share; and
- · 307 ordinary shares at an exercise price of 507p per share; and
- · 23,488 ordinary shares at an exercise price of 455.5p per share; and
- · 1,549 ordinary shares at an exercise price of 431p per share.
- · 6,359 ordinary shares at an exercise price of 425p per share.
- · 668 ordinary shares at an exercise price of 380p per share.

Following the above transactions, Smith & Nephew plc holds 62,759,915 ordinary shares in treasury, and has 889,477,410 ordinary shares in issue (excluding treasury shares).

Gemma Parsons Deputy Company Secretary

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