

RYANAIR HOLDINGS PLC  
Form 6-K  
July 26, 2011

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16  
of the Securities Exchange Act of 1934

For the month of July 2011

RYANAIR HOLDINGS PLC  
(Translation of registrant's name into English)

c/o Ryanair Ltd Corporate Head Office  
Dublin Airport  
County Dublin Ireland  
(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual  
reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information  
contained in this Form is also thereby furnishing the information to the  
Commission pursuant to Rule 12g3-2(b) under the Securities Exchange  
Act of 1934.

Yes ..... No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant  
in connection with Rule 12g3-2(b): 82- \_\_\_\_\_



Standard Form TR-1

Voting rights attached to shares- Article 12(1) of directive 2004/109/EC

Financial instruments - Article 11(3) of the Commission Directive 2007/14/EC i

1. Identity of the issuer or the underlying issuer of existing shares  
to which voting rights are attachedii:

Ryanair Holdings plc

2. Reason for the notification (please tick the appropriate box or boxes):

an acquisition or disposal of voting rights

an acquisition or disposal of financial instruments which  
may result in the acquisition of shares already issued to  
which voting rights are attached

an event changing the breakdown of voting rights

3. Full name of person(s) subject to the notification obligationiii:

Capital Research and Management Company

4. Full name of shareholder(s) (if different from the person  
mentioned in point 3.)iv:

5. Date of the transaction and date on which the threshold is  
crossed or reachedv:

22 July 2011

6. Date on which issuer is notified:  
25 July 2011

7. Threshold(s) that is/are crossed or reached:  
Above 16%

8. Notified details:

A) Voting rights attached to shares

Class/type of shares (if possible)  
Situation previous to the  
Triggering transactionvi

Resulting situation after the triggering transactionvii

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using the ISIN CODE)	Number of Sharesviii	Number of Voting rightsix	Number of sharesx Direct	Number of voting rights xi		% of voting rights	
				Direct xii	Indirect xiii	Direct	Indirect
O r d i n a r y (IE00B1GKF381)	745,000	745,000			745,000		0.0500%
A D R s (US7835131043)	47,338,599	236,692,995			238,077,995		15.9706%
SUBTOTAL A (based on aggregate voting rights)		237,437,995			238,822,995		16.0205%

B) Financial Instruments

Resulting situation after the triggering transaction xiv

T y p e o f f i n a n c i a l instrument	Ex p i r a t i o n Date xv	Exercise/Conversion Period/ Date xvi	Number of voting rights that may be acquired if the instrument is exercised/converted	% of voting rights
N/A				

SUBTOTAL B (in  
relation to all  
expiration dates)

Total (A+B) [wherenumber of% of voting  
applicable in accordancevoting rights rights  
with national law]  
238,822,995 238,822,995 16.0205%

9. Chain of controlled undertakings through which the voting  
rights and/or the financial instruments are effectively held, if  
applicable xvii:  
n/a

10. In case of proxy voting: [name of the proxy holder] will cease  
to hold [number] voting rights as of [date].  
n/a

11. Additional information:

Done at Los Angeles, California on 25 July 2011



SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 26 July, 2011

By: \_\_\_/s/ Juliusz Komorek\_\_\_

Juliusz Komorek  
Company Secretary