

OWENS & MINOR INC/VA/  
Form 8-K  
September 17, 2004

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**UNITED STATES**  
**SECURITIES AND EXCHANGE COMMISSION**

Washington, DC 20549

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**FORM 8-K**

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**CURRENT REPORT**

**Pursuant to Section 13 OR 15(d) of the Securities Exchange Act of 1934**

**Date of Report (Date of earliest event reported): August 20, 2004**

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**Owens & Minor, Inc.**

(Exact name of registrant as specified in its charter)

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**Virginia**  
(State or other jurisdiction)

of incorporation

**4800 Cox Road, Glen Allen, Virginia**  
(Address of principal executive offices)

**1-9810**  
(Commission File Number)

**54-1701843**  
(IRS Employer

Identification No.)

**23060**  
(Zip Code)

**Registrant's telephone number, including area code (804) 747-9794**

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(former name or former address, if changed since last report.)

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Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2.below):

- .. Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
  - .. Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a- 12)
  - .. Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
  - .. Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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**Item 5.04. Temporary Suspension of Trading Under Registrant's Employee Benefit Plans.**

On September 17, 2004, Owens & Minor, Inc. ( O&M ) sent a notice, pursuant to Section 306 of the Sarbanes-Oxley Act of 2002 and Rule 104 of Regulation BTR, to directors and executive officers of O&M informing them that a blackout period with respect to the O&M 401(k) Savings and Retirement Plan will be in effect beginning at 4:00 p.m. Eastern time on September 20, 2004 and ending by October 22, 2004. The blackout period is being implemented in connection with a change in recordkeepers from American Express Trust Company to Fidelity Investments.

A copy of the notice is attached hereto as Exhibit 99.1 and is incorporated herein by reference.

**Item 9.01 Financial Statements and Exhibits**

(a) (b) Not applicable.

(c) Exhibits:

99.1 Notice of Blackout Period with respect to Trading of Common Stock of Owens & Minor, Inc. dated September 17, 2004

**SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

**OWENS & MINOR, INC.**

Date: September 17, 2004

By:           /s/ Grace R. den Hartog          

Name: Grace R. den Hartog

Title: Senior Vice President, General Counsel and

Corporate Secretary

**Exhibit Index**

<u>Exhibit No.</u>	<u>Description</u>
99.1	Notice of Blackout Period with respect to Trading of Common Stock of Owens & Minor, Inc. dated September 17, 2004