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HELMERIC Form 4	CH HANS											
December 0	3, 2009											
FORM	14 UNITED	STATES	S SECUR	ITIES	SAI	ND EXC	HAN	IGE (COMMISSION		PPROVAL	
						D.C. 205				Number:	3235-0287	
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. STATEMENT OF CH Filed pursuant to Section Section 17(a) of the Public				HANGES IN BENEFICIAL OWNERSHIP OF SECURITIES on 16(a) of the Securities Exchange Act of 1934, ic Utility Holding Company Act of 1935 or Section he Investment Company Act of 1940							January 31 Expires: 200 Estimated average burden hours per response 0. n	
(Print or Type]	Responses)											
1. Name and A HELMERIC	Address of Reporting CH HANS	Person <u>*</u>	2. Issuer Symbol HELME			Ticker or T PAYNE		-	5. Relationship of Issuer			
				Earliest Transaction					(Check all applicable)			
1437 SOUT	TH BOULDER A	VE.	(Month/D 12/01/20	-)				X Director X Officer (give below) Pres		o Owner er (specify	
TUCAO	(Street)		4. If Amer Filed(Mon			e Original			6. Individual or Jo Applicable Line) _X_ Form filed by O Form filed by M	One Reporting Pe	erson	
TULSA, OI		(7.)							Person			
(City)	(State)	(Zip)	Table	e I - Noi	n-De	erivative S	ecurit	ies Acq	uired, Disposed of	, or Beneficial	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	Execution any	emed on Date, if 'Day/Year)	Code	8)	n(A) or Dis (D)	sposed	of		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	12/01/2009			A	·	20,000	A	\$ 0	537,047	D		
Common Stock									17,685	I	By son (1)	
Common Stock									11,900	I	By daughter	
Common Stock									37,245	I	By spouse (1)	
Common Stock									21,597	I	401(k) plan <u>(1)</u>	

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Common Stock					3	33,600	Ι		Family trusts (1)	
Reminder: R	leport on a sep	parate line for each cla	uss of securities benef	Persor inform require	ns who respon nation containe red to respond nys a currently	nd to the c ed in this f unless the	form ar e form	re not	EC 1474 (9-02)	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)										
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of forDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Ex Expiration (Month/Da	n Date		7. Title and A Underlying S (Instr. 3 and	Securities
				Code V	(A) (D)	Date Exer	cisable	Expiration Date	Title	Amount or Number of Share
Stock Option (right to buy)	\$ 38.015	12/01/2009		А	80,000	12/01/20	010 <u>(2)</u>	12/01/201	9 Common Stock	80,000
Reporting Owners										
D (1	0 N	(Re	lationships	s					

Reporting Owner Name / Address	Ktationsmps						
	Director	10% Owner	Officer	Other			
HELMERICH HANS	37						
1437 SOUTH BOULDER AVE.	Х		President & CEO				
TULSA, OK 74119							
<u><u>o</u>' ı</u>							

Signatures

Jonathan M. Cinocca, by Power of Attorney for Hans Helmerich	12/03/2009
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reporting person disclaims beneficial ownership of the shares, and this report should not be deemed an admission that the reporting person is the beneficial owner of the shares for purposes of Section 16 or otherwise.
- (2) The options were granted under the Helmerich & Payne, Inc. 2005 Long-Term Incentive Plan on 12/01/09. The options vest over 4 years in 25% increments. The noted date represents the first date options vest and become exercisable.

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.