SLOAN ROBERT B JR

Form 4

Inc. Class

December 11, 2009

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	FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMMISSION	OMB AF OMB Number:	3235-0287		
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940							Act of 1934, 935 or Section	Expires: January 3 Estimated average burden hours per response (
(Print or Type	e Responses)												
	Address of Reporting OBERT B JR	Person *	2. Issue Symbol CITIZE			Ticker or Tra	ading		6. Relationship of lassuer	Reporting Pers	son(s) to		
(Last)	(First) (Middle)				-			(Check all applicable)				
400 EAST	3. Date of Earliest Transaction (Month/Day/Year) 01/05/2009					_	X Director 10% Owner Officer (give title Other (specify below)						
ALICTERI	(Street)		4. If Amo			ate Original		A	Individual or Joi Applicable Line)X_ Form filed by OForm filed by Mo	ne Reporting Pe	rson		
AUSTIN,	TX 78752							P	Person	ore unum one re	porung		
(City)	(State)	(Zip)	Tab	le I - N	on-I	Derivative Sec	curitie	s Acqui	red, Disposed of,	or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any (Month/E	n Date, if	3. Transa Code (Instr.		4. Securities nor Disposed (Instr. 3, 4 au	of (D)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Citizens, Inc. Class A	01/05/2009			Code L				Price \$ 9.6	(Instr. 3 and 4) 1,446.3427				
Common Stock (1) Citizens,													
Inc. Class A Common Stock (1)	01/30/2009			L	V	242.2549	A	\$ 8.23	1,688.5976	D			
Citizens,	03/02/2009			L	V	286.2178	A	\$	1,974.8154	D			

6.96

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A Common Stock (1)								
Citizens, Inc. Class A Common Stock (1)	03/27/2009	L	V	272.5878	A	\$ 7.31	2,247.4032	D
Citizens, Inc. Class A Common Stock (1)	05/01/2009	L	V	282.2413	A	\$ 7.06	2,529.6445	D
Citizens, Inc. Class A Common Stock (1)	05/29/2009	L	V	297.8497	A	\$ 6.68	2,827.4942	D
Citizens, Inc. Class A Common Stock (1)	07/02/2009	L	V	332.6574	A	\$ 5.98	3,160.1516	D
Citizens, Inc. Class A Common Stock (1)	07/31/2009	L	V	279.788	A	\$ 7.12	3,439.9396	D
Citizens, Inc. Class A Common Stock (1)	08/28/2009	L	V	292.6359	A	\$ 6.8	3,732.5755	D
Citizens, Inc. Class A Common Stock (2)	09/02/2009	S		800	D	\$ 6.71	2,932.5755	D
Citizens, Inc. Class A Common Stock (3)	09/04/2009	P		125	A	\$ 6.57	3,057.5755	D
Citizens, Inc. Class A	09/09/2009	S		2,000	D	\$ 6.8	1,057.5755	D

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Common Stock (2)							
Citizens, Inc. Class A Common Stock (2)	09/09/2009	S	600	D	\$ 6.95	457.5755	D
Citizens, Inc. Class A Common Stock (2)	09/10/2009	S	150	D	\$ 6.78	307.5755	D
Citizens, Inc. Class A Common Stock (1)	10/02/2009	L V	316.1577	A	\$ 6.3	623.7332	D
Citizens, Inc. Class A Common Stock (3)	11/11/2009	P	585	A	\$ 6.05	1,208.7332	D
Citizens, Inc. Class A Common Stock (2)	11/23/2009	S	1,100	D	\$ 6.55	108.7332	D
Citizens, Inc. Class A Common Stock (3)	12/01/2009	P	1,000	A	\$ 5.94	1,108.7332	D
Citizens, Inc. Class A Common Stock (3)	12/03/2009	P	100	A	\$ 5.86	1,208.7332	D
Citizens, Inc. Class A Common Stock (2)	12/07/2009	S	1,205	D	\$ 6.25	3.7332	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exer	cisable and	7. Titl	le and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration D	ate	Amou	ınt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Secur	ities	(Instr. 5)	Bene
	Derivative				Securities			(Instr.	3 and 4)		Owne
	Security				Acquired						Follo
	•				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									A 4		
									Amount		
						Date	Expiration	m: .1	or		
						Exercisable	Date	Title	Number		
				~	<i>(</i> 1)				of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships

Director 10% Owner Officer Other

SLOAN ROBERT B JR 400 EAST ANDERSON LANE X AUSTIN, TX 78752

Signatures

/s/Robert B. 12/11/2009 Sloan

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were purchased through the Citizens Stock Investment Plan as part of regular monthly payroll deduction.
- (2) This transaction was an open market sale.
- (3) This transaction was an open market purchase.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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