Edgar Filing: LINDSAY JOHN W - Form 4

LINDSAY Form 4 December 3 FORM Check t if no lor subject Section Form 4 Form 5 obligati	OMB Number: Expires: Estimated a burden hour response	•								
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 1(b).										
(Print or Type	Responses)									
1. Name and LINDSAY	Address of Reporting Perso JOHN W	* 2. Issuer Name an Symbol HELMERICH a]	lssuer	ip of Reporting Person(s) to			
(Last) 1437 SOU' SUITE 140	(First) (Middle TH BOULDER AVE., 00	3. Date of Earliest (Month/Day/Year) 12/29/2009	e of Earliest Transaction h/Day/Year) 9/2009				(Check all applicable) <u></u> Director 10% Owner <u></u> Officer (give title Other (specify below) below) Exec. VP - Drilling Subsidiary			
TULSA, O	(Street) 0K 74119	4. If Amendment, I Filed(Month/Day/Ye	-	al	-	6. Individual or Joi Applicable Line) _X_ Form filed by O Form filed by Mo Person	ne Reporting Per	rson		
(City)	(State) (Zip)	Table I - Non	-Derivative	Secu	rities Acqu	ired, Disposed of,	or Beneficiall	y Owned		
1.Title of Security (Instr. 3)	any		oror Dispos (Instr. 3, 4	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	12/29/2009	M	10,000	(D) A	\$ 13.87	75,000	D <u>(1)</u>			
Common Stock	12/29/2009	S	200	D	\$ 41.74	74,800	D <u>(1)</u>			
Common Stock	12/29/2009	S	1,400	D	\$ 41.73	73,400	D <u>(1)</u>			
Common Stock	12/29/2009	S	2,800	D	\$ 41.72	70,600	D (1)			
Common Stock	12/29/2009	S	100	D	\$ 41.7104	70,500	D <u>(1)</u>			

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Common Stock	12/29/2009	S	200	D	\$ 41.71	70,300	D <u>(1)</u>
Common Stock	12/29/2009	S	100	D	\$ 41.725	70,200	D (1)
Common Stock	12/29/2009	S	5,200	D	\$ 41.71	65,000	D (1)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number of TransactiorDerivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4,		vative Expiration Date rities (Month/Day/Year) uired (A) sposed of		7. Title and Amount o Underlying Securities (Instr. 3 and 4)	
				Code V	and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Share
Stock Option (right to buy)	\$ 13.87	12/29/2009		М	10,000	12/04/2003 <u>(2)</u>	12/04/2012	Common Stock	10,000

Reporting Owners

Reporting Owner Name / Address		Relationships					
	Director	10% Owner	Officer	Other			
LINDSAY JOHN W 1437 SOUTH BOULDER AVE., SUITE 1400 TULSA, OK 74119			Exec. VP - Drilling Subsidiary				
Signatures							
Cara M. Hair, by Power of Attorney for John W. Lindsay		12/30	/2009				
**Signature of Reporting Person		Dat	te				

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 9,347 shares held indirectly in the reporting person's 401(k) account, which shares have been adjusted to account for the issuer's 2-for-1 stock split in fiscal 2006.
- The options were granted under the Helmerich & Payne, Inc. 2000 Stock Incentive Plan on 12/04/02 at an exercise price of \$27.74,
- (2) becoming \$13.87 post stock-split in July of 2006. The options vested over 4 years in 25% increments. The noted date represents the first date options vested and became exercisable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.