Daley Ellen Form 4 May 23, 2013

## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or

Form 5

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person \* Daley Ellen

2. Issuer Name and Ticker or Trading

5. Relationship of Reporting Person(s) to Issuer

**OMB APPROVAL** 

10% Owner

3235-0287

January 31,

2005

0.5

**OMB** 

Number:

Expires:

response...

Estimated average

burden hours per

Symbol

FORRESTER RESEARCH, INC. [FORR]

(Check all applicable)

C/O FORRESTER RESEARCH.

(Street)

(First)

3. Date of Earliest Transaction (Month/Day/Year) 05/21/2013

X\_ Officer (give title \_ Other (specify below) Managing Director, Tech. Ind.

Director

INC., 60 ACORN PARK DRIVE

(Middle)

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check

Filed(Month/Day/Year) Applicable Line)

\_X\_ Form filed by One Reporting Person Form filed by More than One Reporting

Person

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(City)	(State) (	(Zip) Tabl	e I - Non-D	erivative	Secur	rities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired n(A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock	05/21/2013		M	2,167	A	\$ 28.62	2,823	D	
Common Stock	05/21/2013		M	450	A	\$ 22.47	3,273	D	
Common Stock	05/21/2013		M	1,375	A	\$ 25.25	4,648	D	
Common Stock	05/21/2013		M	2,062	A	\$ 29.86	6,710	D	
Common Stock	05/21/2013		M	1,750	A	\$ 33.03	8,460	D	

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Common Stock	05/21/2013	S	6,504	D	\$ 36.34	1,956	D
Common Stock	05/21/2013	S	1,300	D	\$ 36.25	656	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number conf Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Non Qualified Stock Option (Right to Buy)	\$ 28.62	05/21/2013		M	2,167	04/02/2010	04/01/2017	common stock	2,167
Non Qualified Stock Option (Right to Buy)	\$ 22.47	05/21/2013		M	450	01/03/2010	01/02/2016	common stock	450
Non Qualified Stock Option (Right to Buy)	\$ 25.25	05/21/2013		M	1,375	04/01/2013	06/30/2019	common stock	1,375
Non Qualified Stock Option	\$ 29.86	05/21/2013		M	2,062	04/01/2013	03/31/2020	common stock	2,062

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(Right to Buy)

Non

Qualified

 Stock Option
 \$ 33.03
 05/21/2013
 M
 1,750
 04/01/2013
 06/30/2021
 common stock
 1,750

(Right to Buy)

## **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Daley Ellen

C/O FORRESTER RESEARCH, INC.

Managing Director, Tech. Ind.

60 ACORN PARK DRIVE CAMBRIDGE, MA 02140

## **Signatures**

Maite Garcia, attorney-in-fact for Ellen
Daley
05/23/2013

\*\*Signature of Reporting Person Date

# **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).