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Gilbert Halle Form 4	уE											
April 03, 201	9											
FORM	FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION									OMB APPROVAL		
	UIIII	ED STATES		SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549					OMB Number:	3235-0287		
Check this if no long subject to Section 10 Form 4 or Form 5 obligation may conti <i>See</i> Instru 1(b).	er STAT 5. Filed s _{nue.} Section	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940							burden hou response	Estimated average burden hours per response 0.5		
(Print or Type R	esponses)											
			2. Issuer Name and Ticker or Trading Symbol IRONWOOD PHARMACEUTICALS INC [IRWD]				7	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) C/O IRONW PHARMAC BINNEY ST	3. Date of Earliest Transaction(Month/Day/Year)04/01/2019					Officer (give title Other (specify below) Chief Admin Officer & SVP						
	(Street) 4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person					
CAMBRIDO	GE, MA 0214	2						Form filed by N Person	More than One Re	eporting		
(City)	(State)	(Zip)	Table	e I - Non-Do	erivative S	ecurit	ies Acq	uired, Disposed of	f, or Beneficial	ly Owned		
Security (Instr. 3)	2. Transaction (Month/Day/Y	ear) Executio any	med on Date, if Day/Year)		on(A) or Dis (D) (Instr. 3, 4	posed	of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Class A Common Stock	04/01/2019			А	17,165	А	<u>(1)</u>	242,295	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	TransactionDerivativeExpiration DateCodeSecurities(Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 9.12 <u>(2)</u>	04/01/2019		А	1,506 (2)	<u>(3)</u>	03/01/2026	Class A Common Stock	1,506
Employee Stock Option (Right to Buy)	\$ 14.93 (2)	04/01/2019		А	4,326 (2)	<u>(4)</u>	02/27/2027	Class A Common Stock	4,326
Employee Stock Option (Right to Buy)	\$ 12.95 (2)	04/01/2019		А	5,949 (2)	<u>(5)</u>	02/21/2028	Class A Common Stock	5,949
Employee Stock Option (Right to Buy)	\$ 11.49 (2)	04/01/2019		А	16,804 (2)	<u>(6)</u>	01/29/2029	Class A Common Stock	16,804
Employee Stock Option (Right to Buy)	\$ 4.88 (<u>2)</u>	04/01/2019		A	2,472 (2)	(7)	07/28/2019	Class A Common Stock	2,472
Employee Stock Option (Right to Buy)	\$ 10.02 (<u>8)</u>					<u>(9)</u>	02/02/2020	Class A Common Stock	60,000
Employee Stock Option (Right to	\$ 9.89 <u>(8)</u>					<u>(9)</u>	02/01/2021	Class A Common Stock	60,000

Buy)					
Employee Stock Option (Right to Buy)	\$ 10.53 (8)	<u>(9)</u>	12/12/2021	Class A Common Stock	30,000
Employee Stock Option (Right to Buy)	\$ 13.11 (<u>8)</u>	<u>(9)</u>	02/01/2022	Class A Common Stock	45,000
Employee Stock Option (Right to Buy)	\$ 11.65 (<u>8)</u>	<u>(9)</u>	02/01/2023	Class A Common Stock	30,000
Employee Stock Option (Right to Buy)	\$ 10.25 (8)	<u>(9)</u>	12/02/2023	Class A Common Stock	25,000
Employee Stock Option (Right to Buy)	\$ 12.56 (8)	<u>(9)</u>	03/03/2024	Class A Common Stock	65,000
Employee Stock Option (Right to Buy)	\$ 13.91 (8)	<u>(9)</u>	03/16/2025	Class A Common Stock	57,500

Reporting Owners

Reporting Owner Name / Address		Relationships						
1	Director	10% Owner	Officer	Other				
Gilbert Halley E C/O IRONWOOD PHARMACEUTIC 301 BINNEY STREET CAMBRIDGE, MA 02142	ALS, INC.			Chief Admin Officer & SVP				
Signatures								
/s/ Conor Kilroy, Attorney-in-Fact	04/03/2019							
**Signature of Reporting Person	Date							

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

In connection with the separation (the "Separation") of Cyclerion Therapeutics, Inc. ("Cyclerion") from Ironwood Pharmaceuticals, Inc. ("Ironwood"), the reporting person received 17,165 restricted stock units as a result of the adjustment of existing Ironwood restricted

(1) (Indiwood), the reporting person received 17,105 restricted stock units as a result of the adjustment of existing indiwood restricted stock units held by the reporting person prior to the Separation. The restricted stock units are subject to vesting conditions consistent with the terms of the existing Ironwood restricted stock units held by the reporting person prior to the Separation.

Represents options to purchase Ironwood Class A Common Stock awarded to the reporting person prior to the Separation. In connection with the Separation, the number of shares subject to this option and the exercise price have been adjusted, and the reporting person

- (2) while de Separation, the number of shares subject to this option and the exercise pirce have been adjusted, and the reporting person received options to purchase shares of Cyclerion Common Stock, to preserve the pre-Separation intrinsic value of the existing Ironwood option award.
- (3) The option, granted as an annual performance award, vests as to 2.08333% of the shares of Class A Common Stock on each monthly anniversary of January 1, 2016.
- (4) The option, granted as an annual performance award, vests as to 2.08333% of the shares of Class A Common Stock on each monthly anniversary of January 1, 2017.
- (5) The option, granted as an annual performance award, vests as to 2.08333% of the shares of Class A Common Stock on each monthly anniversary of January 1, 2018.
- (6) The option, granted as an annual performance award, vests as to 2.08333% of the shares of Class A Common Stock on each monthly anniversary of January 1, 2019.
- (7) The option has vested as to 20,000 shares as of the date hereof. The remaining shares will vest upon the issuer's achievement of a certain milestone.

Represents options to purchase Ironwood Class A Common Stock awarded to the reporting person prior to the Separation. In connection(8) with the Separation, the exercise price of the option was adjusted, and the reporting person received options to purchase shares of Cyclerion Common Stock, to preserve the pre-Separation intrinsic value of the existing Ironwood option award.

(9) This option, granted as an annual performance award, is presently exercisable in full.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.