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Check this box if no longer subject to SECURITIES Section 16. SECURITIES								3235-0287 January 31, 2005 average		
(Print or Type	Responses)									
			2. Issuer Name and Ticker or Trading Symbol TreeHouse Foods, Inc. [THS]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
			3. Date of Earliest Transaction (Month/Day/Year) 03/29/2019				Director 10% Owner X Officer (give title 0ther (specify below) below) Chief Financial Officer			
			. If Amendment, Date Original iled(Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person 			
(City)	(State) ((Zip) T	able I - Non-I	Derivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any (Month/Day/Ye:	Code ur) (Instr. 8)	4. Secur on(A) or D (Instr. 3,	ispose 4 and (A) or	d of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. 7. Nature of Ownership Indirect Form: Direct Beneficial (D) or Ownership Indirect (I) (Instr. 4) (Instr. 4)		
Common	02/20/2010		Code V			Price		D		
Stock	03/29/2019		M <u>(1)</u>	6,110	А	\$0	10,730	D		
Common Stock	03/29/2019		F <u>(2)</u>	1,791	D	\$ 64.55	8,939	D		
Common Stock	03/31/2019		M <u>(1)</u>	1,480	А	\$0	10,419	D		
Common Stock	03/31/2019		F <u>(2)</u>	434	D	\$ 64.55	9,985	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Numbe onDerivative Securities Acquired Disposed (Instr. 3, 4	e (A) or of (D)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricted Stock Unit	<u>(3)</u>	03/29/2019		А	12,380		(4)	(4)	Common Stock	12,380
Restricted Stock Unit	<u>(3)</u>	03/29/2019		M <u>(1)</u>		6,110	(5)	(5)	Common Stock	6,110
Restricted Stock Unit	<u>(3)</u>	03/31/2019		M <u>(1)</u>		1,480	(6)	(6)	Common Stock	1,480

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Foulston Matthew J. 2021 SPRING RD SUITE 600 OAK BROOK, IL 60523			Chief Financial Officer				
Signatures							

Thomas E. O'Neill, by power of attorney

**Signature of Reporting Person

04/02/2019 Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Settlement of restricted stock units into shares of common stock.
- (2) Shares withheld to satisfy minimum tax withholding requirements upon vesting of restricted stock units.
- (3) Each restricted stock unit represents a contingent right to receive one share of common stock of TreeHouse Foods, Inc.
- (4) The restricted stock units vest and settle in stock or cash in three approximately equal installments on each of the first three anniversaries of the grant date.

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- (5) The grant date of the restricted stock units is March 29, 2018. The restricted stock units vest and settle in stock or cash in three approximately equal installments on each of the first three anniversaries of the grant date.
- (6) The grant date of the restricted stock units is March 31, 2017. The restricted stock units vest and settle in stock or cash in three approximately equal installments on each of the first three anniversaries of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.