Howes Paul L Form 4 March 07, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

if no longer subject to Section 16. Form 4 or

Check this box

Form 5 obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

1(b).

(Last)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * Howes Paul L

2. Issuer Name and Ticker or Trading

Symbol

NEWPARK RESOURCES INC

[NR] 3. Date of Earliest Transaction

(Month/Day/Year) 03/06/2013

2700 RESEARCH FOREST DRIVE SUITE 100

(Street)

(First)

(Middle)

4. If Amendment, Date Original

Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

OMB

Number:

Expires:

response...

Estimated average

burden hours per

OMB APPROVAL

3235-0287

January 31,

2005

0.5

Issuer

(Check all applicable)

X Director 10% Owner X_ Officer (give title Other (specify below)

President and CEO

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

THE WOODLANDS, TX 77381

(City)	(State)	(Zip) Tak	ole I - Non-	Derivative S	Securi	ties Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securities of Dispose (Instr. 3, 4) Amount	d of (I	O)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	03/06/2013		M	343,800	A	\$ 8.08	711,133	D	
Common Stock	03/06/2013		S	55,676 (1)	D	\$ 9	655,457	D	
Common Stock	03/06/2013		S	18,825 (1)	D	\$ 9.01	636,632	D	
Common Stock	03/06/2013		S	2,300 (1)	D	\$ 9.0101	634,332	D	
Common Stock	03/06/2013		S	100 (1)	D	\$ 9.0106	634,232	D	

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Common Stock	03/06/2013	S	1,500 (1)	D	\$ 9.015	632,732	D
Common Stock	03/06/2013	S	23,831 (1)	D	\$ 9.02	608,901	D
Common Stock	03/06/2013	S	200 (1)	D	\$ 9.025	608,701	D
Common Stock	03/06/2013	S	14,860 (1)	D	\$ 9.03	593,841	D
Common Stock	03/06/2013	S	100 (1)	D	\$ 9.035	593,741	D
Common Stock	03/06/2013	S	9,513 (1)	D	\$ 9.04	584,228	D
Common Stock	03/06/2013	S	100 (1)	D	\$ 9.0405	584,128	D
Common Stock	03/06/2013	S	100 (1)	D	\$ 9.045	584,028	D
Common Stock	03/06/2013	S	600 (1)	D	\$ 9.06	583,428	D
Common Stock	03/06/2013	S	1,400 (1)	D	\$ 9.07	582,028	D
Common Stock	03/06/2013	S	600 (1)	D	\$ 9.08	581,428	D
Common Stock	03/06/2013	S	4,701 <u>(1)</u>	D	\$ 9.1	576,727	D
Common Stock	03/06/2013	S	100 (1)	D	\$ 9.11	576,627	D
Common Stock	03/06/2013	S	1,300 (1)	D	\$ 9.13	575,327	D
Common Stock	03/06/2013	S	100 (1)	D	\$ 9.14	575,227	D
Common Stock	03/06/2013	S	400 (1)	D	\$ 9.15	574,827	D
Common Stock	03/06/2013	S	5,000 (1)	D	\$ 9.2	569,827	D
Common Stock	03/06/2013	S	17,746 (1)	D	\$ 9.05	552,081	D
Common Stock	03/07/2013	S	12,500 (1)	D	\$ 9	539,581	D
Common Stock	03/07/2013	S	10,955 (1)	D	\$ 9.01	528,626	D
	03/07/2013	S	200 (1)	D		528,426	D

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Common Stock					\$ 9.0106	
Common Stock	03/07/2013	S	100 (1)	D	\$ 9.011 528,326	D
Common Stock	03/07/2013	S	520 (1)	D	\$ 9.015 527,806	D
Common Stock	03/07/2013	S	32,338 (1)	D	\$ 9.02 495,468	D
Common Stock	03/07/2013	S	100 (1)	D	\$ 9.0205 495,368	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,		ate	7. Titl Amou Under Securi (Instr.	int of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Howes Paul L						
2700 RESEARCH FOREST DRIVE SUITE 100	X		President and CEO			
THE WOODLANDS, TX 77381						

Signatures

By: Jennifer F Wilson For: Paul L Howes 03/07/2013

Reporting Owners 3

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The securities were sold pursuant to a Rule 10b5-1 Plan adopted by the Reporting Person in order to exercise an option grant which is expiring on March 22, 2013.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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