#### WROBEL ROBERT

Form 4

January 20, 2006

## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

2. Issuer Name and Ticker or Trading

**OMB** 3235-0287 Number:

**OMB APPROVAL** 

Expires:

5. Relationship of Reporting Person(s) to

Issuer

January 31, 2005

0.5

Estimated average burden hours per

response...

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

Symbol

1(b).

(Print or Type Responses)

WROBEL ROBERT

1. Name and Address of Reporting Person \*

			ALPHARMA INC [ALO]					(Check all applicable)			
			3. Date of Earliest Transaction (Month/Day/Year) 01/20/2006					Director 10% Owner Other (specify below) E.V.P., CLO, Secretary			
				onth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
WILTON, CT 06897								Person			
(City)	(State)	(Zip)	Tab	le I - Non-	Derivative	Secur	ities Acqui	red, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction I (Month/Day/Ye	ear) Execution any	ned n Date, if Day/Year)	3. Transacti Code (Instr. 8)	omr Dispos (Instr. 3, 4	ed of (		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock A	01/20/2006			M	13,667 (1)	A	\$ 9.48	34,024	D		
Common Stock A	01/20/2006			S	13,667 (1)	D	\$ 31.21	20,357	D		
Common Stock A	01/20/2006			M	734 (1)	A	\$ 25.406	21,091	D		
Common Stock A	01/20/2006			S	734 (1)	D	\$ 31.42	20,357	D		
Common Stock A	01/20/2006			M	12,933 (1)	A	\$ 25.406	33,290	D		

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Common Stock A 01/20/2006 S  $\frac{12,933}{(1)}$  D \$31.21 20,357 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of iorDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Secur (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Am or Nu of S
Non-Qualified Stock Option (right to buy)	\$ 9.48	01/20/2006		M		13,667 (1)	01/29/2003	01/29/2006	Common Stock A	13
Non-Qualified Stock Option (right to buy)	\$ 25.406	01/20/2006		M		734 (1)	01/29/2003	01/29/2006	Common Stock A	7
Non-Qualified Stock Option (right to buy)	\$ 25.406	01/20/2006		M		12,933 (1)	01/29/2003	01/29/2006	Common Stock A	12

## **Reporting Owners**

Reporting Owner Name / Address	Keiauonsnips						
. 0	Director	10% Owner	Officer	Other			
WROBEL ROBERT							
39 RIDGE LANE			E.V.P., CLO, Secretary				

## **Signatures**

Reporting Person

**WILTON, CT 06897** 

Robert F. 01/20/2006
Wrobel
\*\*Signature of Date

Reporting Owners 2

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## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transactions reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.