## Edgar Filing: Thompson Mitchell L - Form 4

Thompson M Form 4 May 31, 201 <b>FORN</b> Check th if no long subject to Section 1 Form 4 o Form 5 obligation may cont <i>See</i> Instru 1(b).	1 <b>J 4</b> united s is box ger 5 6. r Filed purs finue. action	STATES SECU Wa IENT OF CHAI suant to Section a) of the Public U 30(h) of the I	ashington, NGES IN 1 SECUR 16(a) of the Jtility Hold	D.C. 20 BENEFI ITIES e Securit ling Con	549 [CIA] ies E: ipany	<b>L OW</b> xchang Act o	NERSHIP OF the Act of 1934, f 1935 or Sectio	OMB Number: Expires: Estimated burden hou response	irs per	
1. Name and Address of Reporting Person *       2. Issuer         Thompson Mitchell L       Symbol         Measure       [MEAS]				Ticker or		ıg	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) 1000 LUCA	of Earliest Tr Day/Year) 2010	ansaction			Director 10% Owner X Officer (give title Other (specify below) Vice President, Technology					
HAMPTON	(Street) I, VA 23666		endment, Da onth/Day/Year	-	l		6. Individual or Jo Applicable Line) _X_ Form filed by 0	oint/Group Fili	ng(Check erson	
(City)	(State)	(Zip) Tal	ole I - Non-D	erivative	Securi	ties Acc	juired, Disposed of	f, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)		ransaction Date 2A. Deemed onth/Day/Year) Execution Date, if any			ties Adispose 4 and (A) or	d of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	ties Form: Direct Indirect cially (D) or Benefi I Indirect (I) Owner ring (Instr. 4) (Instr. ed ction(s)		
Common Stock, no par value	05/26/2011		Code V	Amount 3,000		Price \$ 4.85	(Instr. 3 and 4) 3,420	D		
Common Stock, no par value	05/26/2011		S	3,000	D	\$ 36	420	D		
Common Stock, no par value	05/31/2011		М	5,000	А	\$ 7.1	5,420	D		
Common Stock, no	05/31/2011		S	5,000	D	\$ 37	420	D		

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#### par value

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactie Code (Instr. 8)	5. Number onof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price Deriva Securit (Instr.
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Option (Right to Buy)	\$ 4.85	05/26/2011		М	3,000	<u>(1)</u>	(2)	Common Stock, no par value	3,000	\$ (
Option (Right to Buy)	\$ 7.1	05/31/2011		М	5,000	(3)	(4)	Common Stock, no par value	5,000	\$ (

## **Reporting Owners**

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Thompson Mitchell L 1000 LUCAS WAY HAMPTON, VA 23666			Vice President, Technology				
Signatures							
/s/ Mitchell L. Thompson	05/31/201	11					

\*\*Signature of Reporting Person Date

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## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 3,000 options exercisable on each of December 1, 2010, December 1, 2011, and December 1, 2012.
- (2) 3,000 options expire on each of December 1, 2015, December 1, 2016 and December 1, 2017.
- (3) 5,000 options exercisable on each of July 1, 2011 and July 1, 2012.
- (4) 5,000 options expire each on July 1, 2016 and July 1, 2017.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.