Avampato John Form 4 May 10, 2018

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB APPROVAL OMB

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SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

(Print or Type Responses)

1(b).

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Avampato John Issuer Symbol REGAL BELOIT CORP [RBC] (Check all applicable) (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) Director 10% Owner X_ Officer (give title Other (specify 200 STATE STREET 05/09/2018 below) VP & Chief Information Officer (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

BELOIT, WI 53511

							1 CISOII		
(City)	(State)	e I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. SecurionAcquirect Disposed (Instr. 3,	d (A) o))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	05/09/2018		A	1,350 (1)	A	\$0	14,384	D	
Common Stock							1,433 (2)	I	Retirement Savings Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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$\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (\emph{e.g.}, puts, calls, warrants, options, convertible securities) \\ \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Securi (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Shar
Stock Appreciation Rights	\$ 77.6	05/09/2018		A	4,700	05/09/2020(3)	05/09/2028	Common Stock	4,′
Stock Appreciation Rights	\$ 42.65					05/08/2011(4)	05/08/2019	Common Stock	6,0
Stock Appreciation Rights	\$ 61.36					05/05/2012(4)	05/05/2020	Common Stock	6,0
Stock Appreciation Rights	\$ 72.29					05/04/2013(4)	05/04/2021	Common Stock	6,0
Stock Appreciation Rights	\$ 63.56					05/03/2014(4)	05/03/2022	Common Stock	6,:
Stock Appreciation Rights	\$ 64.99					05/02/2015(5)	05/02/2023	Common Stock	3,8
Stock Appreciation Rights	\$ 75.76					05/07/2016 <u>(5)</u>	05/07/2024	Common Stock	3,0
Stock Appreciation Rights	\$ 78.15					05/12/2017(5)	05/12/2025	Common Stock	4,:
Stock Appreciation Rights	\$ 57.43					05/11/2018(5)	05/11/2026	Common Stock	6,8
Stock Appreciation Rights	\$ 80.7					05/10/2019(5)	05/10/2027	Common Stock	4,4

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Avampato John VP & Chief 200 STATE STREET Information BELOIT, WI 53511 Officer

Signatures

/s/ Thomas E. Valentyn, as Power of Attorney 05/10/2018

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted Stock Units ("RSUs") granted to the reporting person under the 2018 Equity Incentive Plan. RSUs vest 100% on the third anniversary date of the grant. Each RSU is equal to one share of Common Stock and is payable only in stock.
- (2) Balance reflects the most current data available with regard to holdings in the Regal Beloit Corporation Retirement Savings Plan.
- Granted as stock-settled Stock Appreciation Rights ("SARs") under the 2018 Equity Incentive Plan. The SARs vest and become exercisable 40% on the second anniversary, 60% on the third anniversary, 80% on the fourth anniversary and 100% on the fifth anniversary of the date of the grant.
- Granted as stock-settled SARs under the 2007 Equity Incentive Plan. The SARs vest and become exerciseable 40% on the second anniversary, 60% on the third anniversary, 80% on the fourth anniversary and 100% on the fifth anniversary of the grant date.
- (5) Granted as stock settled SARs under the 2013 Equity Incentive Plan. The SARs vest and become exercisable 40% on the second anniversary, 60% on the third anniversary, 80% on the fourth anniversary and 100% on the fifth anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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